

# News from the Hill



ST. BARTHOLOMEW'S  
EPISCOPAL CHURCH

August 2020

## In This Issue

### Page 2

Sacrament  
We Shall Overcome

### Page 3

Prayer Through Arts

### Page 4

Celebrate St. Bart's Day  
Youth CREW Active During Quarantine

### Page 5

Register for Sunday School  
Construction Update

### Page 6

Sponsors

### Page 7

Clergy and Staff  
Vestry

### Page 8

Redevelopment Campaign Donation  
A Journey Through End of Life Issues

St. Bartholomew's is committed to bringing the Good News of Jesus to all. Please share our weekday and weekend worship services with friends and those seeking to find a relationship with God. Links to Facebook and YouTube livestream services are on our website [stbartschurch.org](http://stbartschurch.org).

Download St. Bartholomew's mobile app for quick, on-the-go access to worship services, sermons, upcoming events and more!

Send *News from the Hill* article submissions to [news@stbartschurch.org](mailto:news@stbartschurch.org).

## Sacrament

*The Rev. Canon Allisyn Thomas*

Maybe it is the strange times we find ourselves in. Maybe it is the amount of time I am spending at home. Maybe it is staring back at myself every week into my iPad as I record services, sermons, and announcements. Maybe it is the lack of being with my St. Bart's peeps. Probably it is all the above and more, but I find myself ruminating about things and topics I have not ruminated about in a long time (not that I am a big ruminator or anything), and one of these is the concept of "sacrament." The basic definition of a sacrament is an outward and visible sign of an inward and spiritual grace. The Catechism of the Episcopal Church lists 7 sacraments with Baptism and the Eucharist as the primary 2. And of those 2, it is the Eucharist, the sharing of the bread and wine made holy, in community, that so often brings us to church week after week. I cannot begin to tell you how much I miss our sacred meals together, let alone the honor of presiding at a Eucharistic service which goes to the heart of my call as a priest. It is hard to believe we have not had a Eucharist at St. Bart's since March.

However even as I write this, I am aware of how many of us, myself included, are focusing on what we do not have, what we are missing, wanting things to go back to how they were.

And yet . . . if we take the definition of sacrament to heart, an outward and visible sign of an inward and spiritual

grace, we find sacraments are all around us. We do however have to pay attention and in the words of an old motto that used to be used to advertise for Apple products—"Think Different," or more specifically in our case, Pray Different.

It is not that the ways we have prayed before are wrong, far from it. But

when life changes as dramatically as it has for us since March, we are called to seek out what is sacramental in different ways. In an article entitled, "Spiritual Practices for the Coronavirus Pandemic," the authors Frederick and Mary Ann Brussat suggest we engage in spiritual practices that help "disarm fear and uncertainty." Practices that fully acknowledge what is going on, including admitting our fears,



continued on page 2

# Sacrament

The Rev. Canon Allisyn Thomas

uncertainty, and even disappointments. And at the same time nourish positive emotions, seek out the beauty of life, and embrace the often unexpected ways our faith sustains us.

We see the wisdom of this echoed in Matthew's Gospel in which Jesus says in Chapter 6, verses 31-34, "Therefore do not worry, saying, 'What will we eat?' or 'What will we drink?' or 'What will we wear?' For it is the Gentiles who strive for all these things, and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well. So do not worry about tomorrow, for tomorrow

will bring worries of its own. Today's trouble is enough for today."

We are not be coming to the altar for the bread and wine made holy at this time, and we yearn for when we may come together again. And yet, God's sacramental presence is faithful, constant, and all around us. It may come to us in small ways, such as waking up to birdsong. It may come to us in hearing the voice of a loved one. However it comes to us, Jesus' words that our "heavenly Father knows" what we need,

That is a sacrament: an outward and visible sign of an inward and spiritual grace.

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Frederick and Mary Ann Brussat, *Spiritual Practices for the Coronavirus Pandemic*, Spirituality & Practice (accessed at <https://www.spiritualityandpractice.com/practices/features/view/28853/spiritual-practices-for-the-coronavirus-pandemic> on 28 July 2020)

# We Shall Overcome

John-Luke Addison

The St. Bartholomew's music ministry has been very active during the pandemic, producing at least one 'virtual choir' project each month, from the "Hallelujah" chorus from *Messiah* to Vivaldi's *Cum Sancto Spiritu*, to John Rutter's *The Lord Bless You and Keep You*. While these pieces have certainly been beautiful and have kept our ministry together during this difficult time, I have been looking for a way that the music department can use our medium to respond to some of the social issues we are seeing in our country, and be agents of change. I was approached by the Poway Interfaith Team (POINT) to collaborate on a music project together to mark the beginning of Interfaith Awareness Week (August 9-15), and I leaped at the opportunity to make music together with our ecumenical brothers and sisters. The project has

evolved into a collaborative effort with multiple faith communities in Poway and Rancho Bernardo, of the American Freedom Song, "We Shall Overcome", arranged by American composer Tom Trenney. The piece has given our joint ministries an opportunity to show solidarity against racism, injustice, and divisiveness, and role model what it means to be united and build bridges with one another:

**"We shall overcome; we'll walk hand in hand; we shall live in peace; we are not afraid; love will see us through."**

# Worship Schedule

Join us online every weekend for worship at home.

**Saturday 5 p.m.  
Celtic Evening Prayer**

**Sunday 9 a.m.  
ReGeneration  
Contemporary Worship**

**Sunday 11 a.m.  
Choral Worship**

Our current worship schedule is available on our website at [stbartschurch.org/worship](http://stbartschurch.org/worship).

Make sure to download the St. Bartholomew's app to your phone or tablet. You can watch services and view service bulletins.

Join us at the 11 a.m. service on August 9, where the piece will be premiered, after which it will be shareable on our Facebook and YouTube pages. I hope this project inspires you to build bridges with your neighbors and trust that Christ's love will lead us to that peace for which we seek.

ST. BARTHOLOMEW'S  
EPISCOPAL CHURCH

SUNDAY, AUGUST 9

**WE SHALL OVERCOME**

FACEBOOK / YOUTUBE

POINT INTERFAITH TEAM

# Prayer Through Arts

Holly Adams

Have you ever assessed your prayer style? I always felt inadequate at “prayer” until Canon Allisyn empowered me with her prayer style survey. She defined prayer more broadly than generally expressed: anything that draws you closer to God.

Through Allisyn’s prayer style survey, I discovered that my primary style was Visual-Spatial along with Bodily-Kinesthetic and Musical-Rhythmic. What does this mean? I like to communicate with God through art, movement and music.

Allisyn introduced me to a friend of hers in February, a retired priest named Richard Lief who used to do liturgical dance at the cathedral downtown. My expectation was that Richard would provide some tips on dramatic movement that could help me in my journey with Jesus. To my surprise, we found instead that God was asking me to begin an arts ministry at St. Bart’s.

Lent was in full swing, so Allisyn and John-Luke suggested waiting until it was over before beginning. COVID-19 closures began in March, so I decided to shelve the idea until the pandemic ended. Rachel Blankenship’s Art Conversations and John-Luke’s request for artwork to visually liven up the video services had a way of changing my opinion and a group of five lay people launched Arts at St. Bart’s in June under the guidance of Allisyn and John-Luke.

Our first two projects have been in response to what has been happening in our country, but they are not necessarily representative of the dozens of ideas we have for projects, workshops and fellowship activities. We are restricted now to DIY projects and Zoom workshops, so keep watch for upcoming workshops in photography, painting and mixed media.

You can find Arts at St. Bart’s on the church website under Grow > Adult Formation or directly at [stbartschurch.org/art-stb](http://stbartschurch.org/art-stb).

We invite you to pray through the arts with our second project which is due August 9.



## Wearing a Mask is Way to Show Our Love for Others

Jesus tells us to “Love others as well as you love yourself.” What better way to demonstrate how much we love others during this pandemic than by wearing a face mask? Let’s encourage each other and those around us with these two Arts at St. Bart’s ministry projects. Choose to create a poster or make a mask - or complete both! When finished, take a picture of your poster and/or of yourself wearing the face mask and send to [arts@stbartschurch.org](mailto:arts@stbartschurch.org) by August 9. Detailed instructions for the poster and mask can be found on the Arts at St. Bart’s webpage. Children and teens are encouraged to participate also.



Sample mask poster

Find detailed instructions here:  
[stbartschurch.org/art-stb](http://stbartschurch.org/art-stb)



Thank you to everyone who participated in our first project, a response to the message for this time of transformation

# Celebrate St. Bart's Day

John-Luke Addison

For years we have enjoyed gathering in fellowship in the courtyard to celebrate St. Bart's Day on the weekend closest to August 24 which is the Feast of St. Bartholomew. This year, as you can understand, we will be celebrating in fellowship differently, but still joyously.

## St. Bart's Day Social: Music of the Night

**Saturday, August 29, 7:30 p.m.**

Join us on Zoom under the stars for an evening of music and fellowship, as we enjoy a concert provided by our music ministry. Bring a drink or a snack, and relax outside with the beautiful sounds and sights of Southern California.

## St. Bart's Day Service Live on Zoom Sunday, August 30, 11 a.m.

Following the successful and exciting live-service portions of Palm Sunday and the Easter Vigil, the 11 a.m. service on St. Bart's weekend will take place on Zoom with beautiful liturgy and music to mark the end of summer and back-to-church Fall programming. All congregants are encouraged to join and participate in our annual feast day service!

We're asking members of Youth CREW to send a video sharing why they love St. Bart's Youth CREW to Courtney McWilliams, [youth@stbartschurch.org](mailto:youth@stbartschurch.org), by August 23.

Also, all members of the parish can email a photo of themselves or their family to Kristeen Evans, [news@stbartschurch.org](mailto:news@stbartschurch.org), by August 23. The photos will be turned into a video. Please make sure your photo is taken horizontally (landscape).

# Youth CREW Remains Active During Quarantine

Courtney McWilliams

What do we all need during COVID-19? Consistency. Among countless other things. In a time where students have little to no consistency, we are creating a consistent space for students to feel like a teenager. Even at 6+ feet apart from each other and wearing fun masks, it helps students feel like they matter. Their feelings matter, their ability to have fun matters, their ability to socialize matters and not ignoring their needs during this hard time. Most students will be sitting in front of a screen for 8+ hours every day. Youth CREW is a place/space to safely be a teenager/preteen. Here are some events to stay connected. All are welcome. You do not need to regularly attend St. Bart's services to join. Bring a friend!

For Youth Group we will continue to divide middle school from high school to keep numbers at bay.

## Youth CREW

Valle Verde Park

Wednesdays

Middle Schoolers 4:30-6 p.m.

High Schoolers 6:30-8 p.m.

Food will NOT be provided. Please bring your own snacks.

## Youth Support Group

Valle Verde Park

Monday 12-1:30 p.m.

August 3, 10 and 17 (until school starts, time will change after school starts)

Bring your lunch as we talk about the hard things we are

## Back to School Retreat!

August 29 & 30

August 29 will be in person

August 30 will be online

Details coming soon.

## Art in the Park!

Valle Verde Park

Sunday, September 20, 1-5 p.m.

Who doesn't love to tie-dye, paint and be creative? Come join us for Art in the Park!

If your 6th-12th grader would like to join Youth CREW, contact Youth Director Courtney McWilliams, [youth@stbartschurch.org](mailto:youth@stbartschurch.org). All are welcome!



# Register for Sunday School

Maureen Hovannesian & Karen Matsumoto

Hello friends! We hope you have enjoyed this summer. It's hard to believe we're ready to register for our Fall Sunday School program! For now, we will continue to meet virtually. This year's curriculum is called Compassion Camp. We invite everyone to join us in exploring what it means to have compassion for others, ourselves, and the world.

If you're interested in participating in Sunday School each week, including video lessons, supply kits, and a few zoom chats, please register online August 31. This will give us enough time to plan for our first Sunday School on September 20. If you have any questions, please contact us at [children@stbartschurch.org](mailto:children@stbartschurch.org).



Register online [stbartschurch.org](http://stbartschurch.org)

# Construction Update

Costa Dillon

If you follow us on Facebook or Instagram, you've seen some dramatic demolition images. Work continues through the COVID-19 conditions as our campus is closed to the public and for gatherings. Much progress has been made in demolition and utility work.

Sanctuary renovations are well underway.

- Framing for new Chancel and ramp to the Chancel have been completed.
- Trenching for utility systems and the laying of conduit for these systems is nearly complete in the courtyard and in the Sanctuary.
- The new restrooms are framed out.

Outside of the Sanctuary, the trees and concrete have been removed from the courtyard in preparation for new concrete and turf. Additionally, the walkway alongside the Administration building is complete.

What's coming next?

- Completion of the walkway and steps from lower parking to the Chapel.
- Installation of underground utilities and storm drainage in the courtyard.

- Preparation of the Sanctuary floor for carpet installation.
- Finish grading of courtyard and preparation for the laying of new concrete and artificial turf surfaces.





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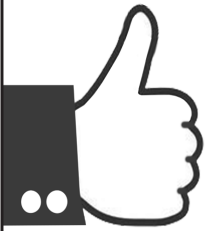
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**Thank You.**

# Worship Services

**Sundays:** 9 a.m., 11 a.m.

**Saturdays:** 5 p.m.

# Office Hours

Church office is closed during San Diego County's stay at home order. Church staff are answering email and the church phone from home offices.

# Clergy and Staff

## Clergy

The Rt. Rev. Susan Brown Snook, Bishop ..... 619-481-5454

The Rev. Mark C. McKone-Sweet, Rector ..... 858-432-7107 | revmark@stbartschurch.org

The Rev. Canon Allisyn Thomas, Associate Rector ..... 858-432-7114 | athomas@stbartschurch.org

## Honorary Clergy

The Rev. Robert Crafts, Priest-in-Residence

The Rev. William Zettinger, Deacon-in-Residence

## Music Ministry

John-Luke Addison, Director of Music ..... 858-432-7112 | jladdison@stbartschurch.org

Tim McLellan, Associate Director of Music ..... tmclellan@stbartschurch.org

Jenny Yun, Organist

## Christian Formation for Children and Youth

Maureen Hovannesian & Karen Matsumoto, Children's Ministry Directors ..... children@stbartschurch.org

Courtney McWilliams, Youth Director ..... youth@stbartschurch.org

**St. Bartholomew's Preschool** ..... 858-487-2140

Sheila Martin, Interim Director ..... preschool@stbartschurch.org

## Administrative Staff

Beth Dean, Parish Administrator ..... 858-432-7110 | bdean@stbartschurch.org

Demetreus Gregg, Congregational Development Director ..... dgregg@stbartschurch.org

Kristeen Evans, Communications Manager ..... 858-432-7104 | news@stbartschurch.org

Lisa Saldamando, Bookkeeper ..... 858-432-7105 | lsaldamando@stbartschurch.org

Treasurer ..... 858-432-7119 | treasurer@stbartschurch.org

Mike Jewett, Sexton ..... 858-432-7120

## Pastoral Care Coordinator

Cathie Roy ..... pastoralcare@stbartschurch.org

# Vestry and Terms

Jim Macemon, Senior Warden (2022)

Nancy Peterson, Junior Warden (2022)

Larry Burgess (2022)

Mark Davis (2023)

Rachel Demler (2023)

Costa Dillon (2021)

Shinobu Horne (2023)

Susan McCormick (2023)

Jim Oaks (2023)

Cathie Roy (2021)

Will Smith (2022)

George Tynan (2021)

Will Oakes (2021) - Youth Representative

Fr. Mark McKone-Sweet

Terry McCune, Treasurer

Pauline Getz-Enos, Chancellor

Akiko Tamano, Clerk





# ST. BARTHOLOMEW'S EPISCOPAL CHURCH

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## Redevelopment Campaign Receives Matching Gift!

*Demetreus Gregg*

St. Bartholomew's is pleased to announce that the Honor Faith. Build Future. Campaign has received an extraordinary matching gift of up to \$250,000 in support of our efforts to build for St. Bart's future. **Any new or increased commitment to the Campaign will be matched dollar for dollar, helping us achieve our \$8 million goal.** We invite the entire St. Bart's community to help us meet this challenge to ensure that our parish is a vital resource to the community for generations to come. For more information on how you make a lasting impact, please contact Judy Macemon, [redvelopment@stbartschurch.org](mailto:redvelopment@stbartschurch.org), or Demetreus Gregg, [dgregg@stbartschurch.org](mailto:dgregg@stbartschurch.org).

## Living & Dying **A JOURNEY THROUGH END OF LIFE ISSUES**



**Tuesdays 6:30-8 p.m.  
October 6, 13, 20, 27**

*will be held on Zoom if we are  
unable to meet in-person*