

News from the Hill

February 2018 ____

Poway, CA-

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It's Time to INVITE!

The Rev. Chris Harris

Shining the Light of Christ at St. Bart's in 2018

Have you heard this statistic? The average Episcopalian invites someone to church every 37 years. That line has been repeated so many times I'm not

sure anyone knows from where it originally came. But, then I have never had anyone challenge me on it either. In fact, it always gets a big laugh, probably because deep down we know it's likely very true. Why is that I wonder? Are Episcopalians any different than anyone else who wants to share what

we love? Do we not tell our friends or coworkers when we have seen a wonderful new film or finished a great book? Do we not share with all our friends on Facebook a fantastic new recipe or an amazing new restaurant we just discovered?

Why do we treat church differently? Do we feel that somehow this is a personal, private matter? Something akin to sharing the details of our tax return? Or are we not as passionate about church are we are about the latest Star Wars movie?

Personally, I think the problem is that evangelism just isn't part of our Episcopal

tradition. Why? Because for most of the 20th century denominations, like the Episcopal Church, were something that you were 'born into' or 'raised as.' Evangelizing people born into other denominations didn't make much sense

- they had their church, after all. Besides, we were too busy making sure we passed our traditions down to our children. That generational relationship with the church is rapidly fading away in the 21st century and, as a result, we can no longer rely on people being 'born into' the faith. We need to start

sharing with people why they should become a part of this movement. We need to start evangelizing again!

Luckily for us, the Episcopal Church is one of the best kept secrets in Christianity! With our blend of reason and tradition, the ancient and the inclusive, the Episcopal Church is just what so many disenchanted 'post-religious' Americans would love to find! A church where you don't have to check your brain at the door - nor any other part of who you are. Where you are not



just welcomed, but affirmed and celebrated as the beloved child of God that you are. For many people today, when they hear about the Episcopal Church, it hits them like a revelation - truly Good News! Unfortunately, old habits die hard and we end up keeping the light of both the Gospel and the Episcopal Church under a bushel basket. But, it doesn't have to be that way. Like any spiritual practice, sharing the light of Christ through our words and actions, can be learned. It requires courage as well as some encouragement. It takes practice - and it takes some guidance.

On February 25 following the 10:15 service, we will have a guide with us. Mary

Foster Parmer, creator of Invite Welcome Connect, a national evangelism ministry of the Episcopal Church, will be with us to preach and then offer a special all-parish workshop and luncheon focusing on how we can begin creating a culture of invitation and evangelism to our friends, neighbors and surrounding community. Mary's program has been offered at hundreds of churches in more than 40 dioceses around the world, and it has been transformative for both participants and their church communities. She focuses on the three basic elements: how we invite people, how we welcome them when they get here, and how we connect them into our community in the

weeks and months after their first visit. I have the honor of serving on serve on the Steering Committee of Invite, Welcome, Connect and can assure you this will be a grace-filled and productive afternoon that you don't want to miss!

Why "Invite"? Why not focus on how we "Welcome" or "Connect" visitors?

Reaching beyond our walls and inviting our friends and neighbors is where we need to grow next as a community. Welcoming and connecting newcomers has been my focus here in my first year of ministry and I am happy with the results at this point. If you visit St. Bart's, I am confident that you will be warmly welcomed, and we will follow-up and make every effort to connect you into our community in some way. With those pieces in place, we're ready to start work on the next part of our "Radical Hospitality" puzzle - inviting people to our beloved church!

But I really don't like people who are so pushy about their faith!

I don't think anyone does! I assure you, this is not about turning us into door-to-door missionaries or obnoxious know-it-alls who pressure people to come to church. That's not who we are, and not who we would ever want to be. But, it doesn't mean we need to be silent either. There are many ways to naturally

share our faith without being pushy or weird. It just takes some inspiration and some coaching.

But I am already an evangelist! Should I come?

Absolutely! I know we have many members at St. Bart's who are already wonderful evangelists - happily inviting friends and neighbors to St. Bart's whenever the occasion arises. They do it without thinking. It just comes naturally. If that describes you - please come. We need your input and your example as we work on this important part of our life.

Wherever you are on your journey of evangelism, whether it comes naturally to you or if you are scared to death of the idea, join us! This is the beginning of what we hope will be a new emphasis on invitation and evangelism that will not only become part of our strategic plan, but will impact all our ministries and our members. So, join us as we kick off a new season in our life as a faith community and with God's help, continue to grow into the community we are called to be.

The training and luncheon are FREE - RSVP with Beth Dean at bdean@ stbartschurch.org or 858-487-2159.



INVITE

a workshop on invitation and evangelism for St. Bart's ministries

Lead by

Mary Foster Parmer,
creator of Invite Welcome Connect,
a nationally recognized
evangelism ministry.

We're reaching beyond our walls and inviting our friends and neighbors to St. Bart's.

We're ready to start work on the next part of our Radical Hospitality - inviting people to our church.

SUNDAY, FEBRUARY 25, 12-2:30 P.M.
LUNCH WILL BE PROVIDED

RSVP to Beth Dean, bdean@stbartschurch.org or 858-487-2159

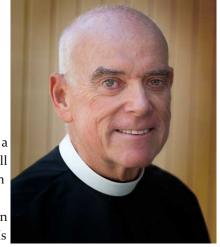
Christian Spirituality

The Rev. William Zettinger

There is a lot of talk these days about those who consider themselves spiritual but not religious. Spirituality is one of those nebulous terms that can mean anything in our culture, to anyone of religious belief or no belief at all. People who claim to be spiritual but not religious will tell you they are finding

meaning and purpose in their lives in their own way without some kind of religious institution.

Others may say they feel a diving presence when they are outdoors on a hike or sailing or wandering down a quiet beach. The focus of all this seems to be our human quest for holism - having our body, heart and mind in harmony with each other. Is this really what spirituality is all about?



What this kind of spirituality has in common is excessive individualism. Some call it designer spirituality. It is a pick and choose spirituality designed to satisfy an individual. It is spirituality without tradition or heritage. Such people (in my opinion) find organized religion a major enemy of an authentic spirituality. They also believe that spirituality has to do with personal efforts to achieve a greater harmony with whatever they feel is sacred to them, but usually it is not public ritual.

In the last hundred years or so "secular spirituality", as I like to call it, has made inroads in our popular culture. In fact, Thomas Payne once said, "my own mind is my church."

The problem with this secular spirituality is that it goes everywhere and arrives nowhere. In the end, all that we have is the self; rational and experimental. God is an option in this type of spirituality. In my view, this kind of spirituality has an emptiness of soul - no spirit and a gaping hole in one's heart. This individual spirituality has no answers for those who follow it.

On the other hand, Christian spirituality honors the secular quest for wholeness, but takes it further by connecting to the Christian revelation of Jesus Christ. Our spirituality happens in the context of Christian tradition with the support of the church with God at the center. The self is always a relation to God, never solitary or apart from God or God's community - called the

Church.

Christian spirituality may be described as the experience of our relationship with God through faith and the ways in which we live out that faith. Our Christian spirituality involves our coming to know God (Father, Son and Holy Spirit), our response to God and the prayer and work we perform in faith.

For us Christians, spirituality occurs in and among the Church in community. The community formed by hearing and responding to the call of God and God's invitation to be part of it - no questions asked. In other words, the grace of God.

It is as St. Paul said in 2 Corinthians 13:5, "Examine yourselves to see whether you are living in the faith. Test yourselves. Do you not realize that Jesus Christ is in you."

What do you think?

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January Haiti Visit

Mary Ann Lyman-Hager, Ph.D.

A multi-generational (20's to 70's) team of Americans, composed of St. Bart's parishioners and clergy and an east coast medical pair, embarked on a life affirming and life changing trip to Haiti

on January 5. St. Bart's veteran Haiti travelers Father Mark McKone-Sweet, Kelli Richardson, and Allen Adams were joined by newbies Wayne and Mary Ann Hager. The east coast medical team, Dr. Mike and his nephew David, a pre-med student (also Haiti newbies), are long-standing friends of Father Mark. Despite their enduring weather induced travel challenges and an SUV breakdown on



arriving in Haiti, they joined the team for the first time late in the evening in Hinche. Father Noé, whom many of you have met and who is the priest in charge of St. André's school and parish, had kindly arranged for lodging, food, and transportation. The next day we travelled to Loranette, location of the new primary school where we would spend the next four days.

What a blessing these next four days would prove to be for us and, we pray, for the Haitians who were waiting for our arrival. First, the school, appropriately named the Epiphanie School, was consecrated by Father Noé, his clergy, and Father Mark on January 6 (Epiphany!), amidst joyful choruses, offerings of food and fowl (including a live chicken) and stirring, impactful messages of hope. Father Mark led the mass on Sunday, January 7), and his strong, well-received sermon was translated into



Creole by one of the three translators whose linguistic and cultural services would prove essential to the medical services the team would provide over the next several days.

We learned to be flexible, to adjust to ever-changing conditions and cultural expectations, and most importantly, to embrace one another and our Haitian brothers and sisters in Christ. Each member of our team had a role to play in the improvised medical clinic we set up in the lean-to sanctuary that had witnessed masses on January 6 and 7. Mary Ann and Father Mark were the intake and welcoming committee, each accompanied by a translator, and later, by a nurse. Next Allen created a photo record for each patient which would subsequently be attached the medical record. Wayne was in charge of measuring and recording blood pressure, while Kelli administered height, weight, and vision measurements. Finally, the patients were seen by the medical team.

We had originally expected to administer routine school entry physicals to children, but those who turned up on the very first

day – and on each day thereafter-were people from all sectors of the rural community. We discovered that there were many more serious health problems than we had anticipated and that there are pressing medical,



pharmaceutical, educational, and spiritual needs in this rural community which we can help address through our continuing partnership with Father Noé and parishioners.

I wish you all could have been there and could have seen and heard. I personally gained so much respect for each and every member of our team, which eventually included Father Noé, the school director and local parish leaders, the translators, the school nurse from Hinche, and the cooks and cleaning personnel. We did work together as a community, providing care and love for each person we saw, from the two-week old baby brought to clinic by her grandmother, to the 106-year-old woman patiently awaiting her turn to be seen by the medical team.

40 Days of Giving This Lent

St. Bartholomew's Thrift Shop

In this season of Lent, the Thrift Shop Ministry is inviting you to participate in the "spiritual practice" of supporting our outreach programs by making your donations to the Thrift Shop. We encourage you to collect "40 items in 40 days". Look for thrift shop board members on the patio handing out black bags the weekend of February 10/11 after each service. The Thrift Shop truck will be at the church the weekend of April 7/8 for your donations. If you have filled your bag prior to this date, it may be brought

to the shop in the Carriage Center, 12845 Poway Road, Unit #214, Poway. If you have any large items to donate which will not fit in your bag, please call our

2110, to schedule a pick up.

We also invite you to drop by the Thrift shop to see how your donations are turned into revenue for St. Bart's outreach programs. Come and price with us in the back room either bring a buddy, or we can pair you up with one. Please call Maureen Burbidge, (858) 592-4864 or Carla Morrisey, (858) 527-0049 for more details.

manager, Laurie, (858) 486-



Process for Donating Registered Securities

Treasurer

Registered securities may be donated to St. Bartholomew's utilizing the following process:

The donor's broker should transfer the shares to the St. Bart's account at Wells Fargo Advisors, indicating DTC #0141 and Account # 7000-2122.



Our contact at Wells Fargo is John Giokaris and his telephone number is (800) 223-3843.

When making a donation using registered securities, notify St. Bart's Treasurer, (858) 432-7119, to ensure that you receive credit for your donation.

Youth Labyrinth Walk

The Rev. Mary Lynn Coulson

The St. Bart's Youth CREW tried out a new prayer practice in January - walking the labyrinth. This ancient style of prayer

invites you to slowly walk the path to the center of the labyrinth, with an open heart. It's not a maze - there is only one path in and one path out. We reflected on our experience of prayer, and each of us had a unique encounter with God. We wrote down our intentions for 2018 on white stones, intentions which we received in prayer while prayerfully walking. Thank you to the Poway Interfaith Team for



introducing us to this transformative experience!





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Standing Committee Update January 28, 2018

Transition Committee Announced

The standing committee is pleased to announce the formation of the transition committee as part of the search team for our next bishop. The members of the transition committee selected this week are:

Brother John Charles Westaway, St. Paul in the Desert, Palm Springs

Ms. Diane Jones, St. Dunstan's, San Diego

Ms. Pamela Wade, St. Mary's in-the-Valley, Ramona

Ms. Megan Callan, St. Peter's, Del Mar

Mr. Geoffrey Pack, St. Paul's Cathedral, San Diego

Mr. Scott Crispell, All Souls', San Diego

Ms. Maryl Weightman, St. James by-the-Sea, La Jolla

Ms. Gillian Campbell, St. Andrew's, Encinitas

Ms. Sandi Lanzarotta, St. Peter's, Del Mar

Mr. Patrick Grannan, St. Thomas of Canterbury, Temecula

The Rev. Andrew Green, St. Paul in the Desert, Palm Springs

Ms. Donna Morales, St. Andrew's, La Mesa

The Rev. Martha Anderson, St. Peter's, Del Mar

Ms. Meredith Hardy, St. Paul's Cathedral, San Diego

Mr. Marshall Moore, St. Paul's Cathedral, San Diego

The Rev. William Zettinger, St. Bartholomew's, Poway

The transition committee will meet for a retreat on Friday - Saturday, March 9 - 10 and its work will begin in earnest as soon

as the nominating committee submits its slate of candidates this fall. The transition



committee will be responsible for: planning and carrying out the bishop candidates' walk-abouts in early January 2019, the logistics for integrating the new bishop and her/his family into San Diego and the diocese, and for the consecration celebration on Saturday, June 15, 2019. We are happy to have this new and diverse group of volunteers to help ensure the success of our search.

February is American Heart Month

Health & Wellness Ministry

Are you at risk for heart disease?

During the month of February, Americans see the human heart as the symbol of love. February is also America's Heart Month, a time to learn the risks for heart disease and stroke. It is the month to remember how important



it is to stay "heart healthy" for yourself and your loved ones.

Cardiovascular disease (CVD) which includes heart disease, stroke and high blood pressure, is the number one (1) killer of women and men in the United States. It is the leading cause of disability preventing Americans from working and enjoying family activities.

We encourage you to be proactive about your health. Here are some reminders on how to get on track to lower your risk of heart disease:

- Quit smoking and don't expose yourself to second-hand smoke
- Monitor your cholesterol levels
- Maintain a healthy blood pressure and check it frequently
- Be active
- Follow a heart healthy diet by eating foods low in fat and cholesterol
- Understand your risks family history and age should be considered
- Seek a healthy weight and don't consume more calories than your body burns
- Manage stress and anger
- Stay informed

As you make changes in your life for better "heart health" keep in mind that these lifestyle changes need to last your lifetime. As you know the human heart is a symbol of love and your efforts to take care of your heart will be appreciated by your loved ones.





Christ in All Persons

Practicing Reconciliation in a Fractured World

guest speakers include Katherine Jefferts Schori, the 26th Presiding Bishop of The United States

Whether it's our own spouse after an argument or a friend we've lost touch with, the stranger in the pew behind us or the "other" whom we just as soon avoid, our fundamental call as Christians is to join God's mission of reconciliation; to be peacemakers. That baptismal call means learning to listen in new ways, to see with fresh eyes, and to encounter the other with open hearts and open



minds. Practicing reconciliation also means dying to our old fears and our old assumptions so that we might rise to a new way of being with one another. It's not easy, but they are the essential habits of the risen life. Join us for what will be a fun but also challenging series, as we learn new skills and new practices that can transform our relationships and change the world.

Wednesdays in Lent February 21, 28 March 7, 14, 21 6-8 p.m.

St. Bartholomew's Episcopal Church Treasurer's Report – Year 2017

This report is intended to accompany the financial statements of St. Bartholomew's Episcopal Church, Poway, CA, for the year ending December 31,2017.

Operating income for 2017, totaled \$1,145,420 and (\$39,777) or 3.5% less than forecast. Operating expenses for the full year were \$1,165,256 and (\$19,955) or 1.7% less than budgeted. For all of 2017, St. Bart's recorded an operating loss of (\$19,835), \$15,165 or 43.3% better than forecast. This cash loss includes \$25,162 in principle payments for the solar panels.

Pledge receipts for 2017 represented a 6.5% increase over 2016. Income from all sources increased 2.9% over 2016.

The General Operating Fund balance sheet reflects liquid assets totaling \$155,259, payables of \$2,821, a reserve for major repairs and replacements of \$22,366, expense accruals of \$8,831, advanced 2018 pledges of \$62,204 and deferred revenue of \$18,933. Therefore, our actual cash reserves in the operating fund total \$40,104, including trusts and bequests.

The Preschool shows a cumulative 2017 operating surplus of \$20,438 and net assets of \$178,697. The pre-school contributed \$24,000 towards the 2017 operating budget.

The Outreach Fund received \$43,000 in transferred proceeds from the Thrift Shop in 2017 and raised \$11,302 in the Haiti fund. Major donations from the Outreach Fund totaled \$74,273. Additionally, \$12,100 in scholarships were awarded. At year end the fund's net assets totaled \$98,827 including \$16,052 in Thrift Shop operating surplus, \$40,797 in scholarship funds, \$6,841 in the Haiti fund and \$27,643 in general outreach funds.

The Building Fund has net assets of \$628,157 including \$614,002 in Re-development funds.

The Endowment Fund has a balance in cash and investments of \$766,476. The total is comprised in part by permanently restricted funds of \$78,500 and vestry restricted (unrestricted) and temporarily restricted funds totaling \$687,976. Endowment income for the year totaled \$59,302 including \$38,003 in gains on investments. The Endowment Fund earned a 9.2% return for the year. A total of \$26,780 has been contributed to the 2016 operating budget in accordance with our plan for the year.

For 2017 the Columbarium had income of \$26,752 and expenses of \$3,601. Net assets total \$130,992 at year's end.

Respectfully submitted,

Bill Angus, Treasurer

Regular Meetings

SUNDAY

Interfaith Community Services (ICS) - Merle's Place

4-6 p.m. on the first and third Sunday of the month. Contact Jill Henderson at 760-807-8445.

Daughters of the King

Third Sunday at 9:15 a.m., Room 3E

Monday

Boy Scouts

7 p.m., Parish Hall

Health and Wellness Ministry

First Monday at 5:30 p.m., Education Building, Room 3AB

Hand Bell Choir

Mondays, 7 p.m., Choir Room

TUESDAY

Centering Prayer

5 p.m., Education Building, Room 3AB

The Prayers and Squares Quilt Ministry

Tuesdays (except fifth Tuesday) at 1 p.m., Quilt Room

WEDNESDAY

Interfaith Community Services (ICS)

Serve breakfast, fourth Wednesday at 6:00 a.m. Contact Denny Walters at (760) 432-8518.

Thrift Shop Work Night

Last Wednesday at 4:00 p.m., Thrift Shop

Schola

Wednesdays, 6 p.m., Choir Room

Youth CREW

Wednesdays, 6 p.m., Youth Room

String Ensemble

Wednesdays, 7 p.m., Choir Room

THURSDAY

Grief and Loss Group

Thursdays, 8:30-10 a.m., Education Building

Book Guild

Fourth Thursday, 1:00 p.m., Conference Room

B.P.U.S.A. – Bereaved Parents

Fourth Thursday, 6:30 p.m., Conference Room

P.A.S.S. - Parent Advocates Seeking Solutions

Third Thursday, 7 p.m., South Parish Hall

Choir

Thursdays, 7 p.m., Music Room

AA MEETINGS

Sundays, 6 p.m., Conference Room

Mondays, 9:30 a.m., Parish Hall (Women only)

Tuesdays, 12 p.m., South Parish Hall

Tuesdays, 5:30 p.m., South Parish Hall (Women only)

Wednesdays, 6:45 p.m., Parish Hall

Thursdays, 12 p.m., South Parish Hall (Beginners)

Fridays, 9:45 a.m., South Parish Hall (Women only)

Fridays, 12 p.m., South Parish Hall and 6 p.m., Room 3AB

Saturdays, 9:30 a.m. and 12 p.m., Conference Room

AL-ANON

Mondays, 12 p.m., South Parish Hall

Tuesdays, 12 p.m., Parish Hall

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News from the Hill is a monthly publication of St. Bartholomew's Episcopal Church, 16275 Pomerado Road, Poway, CA 92064.

Editor: Kristeen Evans, Communications Manager

Deadline for submission of articles and announcements is the 10th of the month for the next month's newsletter. We welcome your submissions of information for publication. Please contact news@stbartschurch.org.

Get the St. Bart's App

Keep up with our St. Bartholomew's community through our app. There are so many ways to use this app - view service times, read St. Bart's Blog articles, listen to Sermons, pray for someone on the Prayers of the People list, get ready for Sunday with Lessons & Readings, and watch past 9am Forum discussions.

- Install the Tithe.ly Church app on your phone.
- Search St. Bartholomew's or Poway (you'll see our logo).
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For Information or To Schedule a Tour (858) 487-1197



Worship Services

Sundays: 8 a.m., 10:15 a.m.

Saturdays: 5 p.m.

Office Hours

Monday through Thursday 9 a.m. to 4 p.m. Friday 9 a.m. to 1 p.m.

Clergy and Staff

Clergy	
The Rt. Rev. Katharine Jefferts Schori, Assisting Bishop	
The Rev. Mark C. McKone-Sweet, Rector	
The Rev. Mary Lynn Coulson, Assistant Rector	858-432-7106 mlcoulson@stbartschurch.org
The Rev. Chris Harris, Assistant Rector	858-432-7114 charris@stbartschurch.org
Honorary Clergy	
The Rev. Robert Crafts, Priest-in-Residence	
The Rev. Roy E. Hoffman, Priest-in-Residence	
The Rev. William Zettinger, Deacon-in-Residence	
Music Ministry	
Nathan Costa, Director of Music and Liturgy	858-432-7112 ncosta@stbartschurch.org
Janie Prim, Associate Organist	
Christian Formation for Children and Youth	
Alexandra Howard, Children's Minister	ahoward@stbartschurch.org
Maureen Hovannesian, Children's Ministry Assistant	858-432-7102 children@stbartschurch.org
St. Bartholomew's Preschool	
Cheri Hoffman, Director	preschool@stbartschurch.org
Jen Shah, Administrator	
Administrative Staff	
Beth Dean, Parish Administrator	858-432-7110 bdean@stbartschurch.org
Lisa Saldamando, Bookkeeper	58-432-7105 Isaldamando@stbartschurch.org
Kristeen Evans, Communications Manager	858-432-7104 news@stbartschurch.org
Treasurer	858-432-7119 treasurer@stbartschurch.org
Mike Jewett, Sexton	858-432-7120
Pastoral Care Coordinator	
Cathie Roy	pastoralcare@stbartschurch.org
St. Bartholomew's Thrift Shop	858-486-2110
Laurie Wathen, Manager	stbarts@att.net

Vestry and Terms

-	
Dan Crane, Senior Warden	2020
Mark Davis, Junior Warden	2020
Pat Blair	2020
Helena Chan	2021
Elaine Coke	2020
Karen Crafts	2021
Costa Dillon	2019
Jim Grandinetti	2019
Nancy Petersen	2019
Mike Richardson	2019
Cathie Roy	2021
George Tynan	2021
Noah Domke-Rojas, Youth Rep.	2019
Terry McCune, Treasurer	
Pauline Getz-Enos, Chancellor	
Anne Snyder, Clerk	



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News from the Hill

February Issue St. Bartholomew's Episcopal Church 16275 Pomerado Road Poway, CA 92064-1826 P: 858-487-2159 F: 858-487-2324 www.StBartsChurch.org

Change Service Requested

Get Ready for Lent

Collecting Palms for Ash Wednesday

If you have palms from Palm Sunday last year, please bring them to the church office by Tuesday, February 13. These palms will be burned and used in the ashes on Ash Wednesday.

Lenten Presider Training

If you are interested in serving as a presider (or worship leader) for one of our Lenten Sunday liturgies, come to one of the training sessions in the church - Tuesday, February 6 at 6-8 p.m. or Saturday, February 17, 10 a.m.-12 p.m. Contact Nathan Costa, Director of Music and Liturgy, ncosta@stbartschurch. org, for more information.

Shrove Tuesday Pancake Dinner

Celebrate Shrove Tuesday with a pancake supper hosted by Cursillo parishioners. Come learn about the tradition of making (and eating!) pancakes on the day before Lent. After supper we will have a brief service where we will burn any leftover palms from last Palm Sunday. Suggested donations at the door: \$5 Adults, \$15 per family. Sign-ups encouraged for planning, but all are welcome! Look for the table on the patio or contact Jill Henderson, (760) 807-8445 or jfh@cox.net.



