

News from the Hill

August 2018 ___

Poway, CA-

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A Message from Our New Music Director

John-Luke Addison, Director of Music

Dear Friends,

Often in life we are faced with difficult decisions, where each road will take you in a different direction, and you often have to 'leap into the unknown' and hope that you have made the right choice. My

fiancée, Michelle, and I were recently faced with the prospect of moving to Southern California from Canada, picking up our belongings and starting on a new adventure. It was a process of much discernment, prayer, and patience, and I am happy to share with you the story

of how we came to take the leap of faith that led us to your church.

After several years of working parttime at a Toronto church and filling the rest of my schedule with musical theatre contracts, composing, working with choirs, and teaching privately, the allure of consolidating my focus into a full-time position became a temptation too hard to resist. The weekly planning became a nightmare, as I was trying to carve out 4-5 job schedules, time for meals, time for Michelle, socializing, not to mention driving over 600 miles per week to make it all happen. This led to a decision in late 2017 that I would search for an opportunity that could give us the time and financial freedom to start our marriage on solid ground.

That led us to St. Bart's. The job opportunity instantly leapt off the

page at me, as it was in Southern California, an area notorious for having a robust music market, was full-time with benefits, had a vibrant music program, and had a mission statement that read "All Are Welcome, No Exceptions." After applying and meeting the people

here, it was an easy decision that this would indeed be our new home. We were treated with such welcoming hospitality, and shown a level of kindness and compassion that we have not experienced before.

I look forward to meeting you all and continuing to grow a strong musical foundation. I envision an ambitious music program that stresses diversity, accessibility, and excellence. I will be



Our New Music Director

continued from page 1

John-Luke Addison, Director of Music

emphasizing more community involvement. More growth of ensembles. More concerts and celebration of our arts. More inclusiveness of children and youth. Poetry. Hymn-writing. Drama. We can further expand this church's artistic versatility in so many ways, and use it to spread the love and light of Christ to those around us.

I want to publicly thank Fr. Mark, Tim, Janice, the rest of the search committee, as well as Beth, Fr. Chris, Mtr. Mary Lynn, and everyone else who helped make this dream a reality. Your generosity and love shown to us will not be forgotten.

I look forward to the years ahead with St. Bartholomew's and making lasting memories together.

In Christ,

John-Luke (JL) Addison



John-Luke & Michelle

Welcome Baby George!

Kristeen Evans, Communications Manager

Mother Mary Lynn and David welcomed their first child, George Hyde Tremaine on Wednesday, July 18. George arrived ahead of his August 8 due date, weighing a healthy 6 pounds 6 ounces and measuring in at 19.25 inches long.



For those playing *Take a Guess About Baby Tremaine*, sadly no one guessed all the details correctly about this early arriving little guy. However there were several close guesses.

Two people chose George as the baby's name (two people other than Mother Mary Lynn and David, that is). Did Nancy Peterson and Sandra have some inside knowledge?

Closest birth date guesses are Jeane with July 15 and Nancy Peterson with July 25.

We have several very close weight guesses! Carla Morrisey and Nancy Walters with 6 pounds 5 ounces. Nancy Peterson with 6 pounds 4 ounces, Joe with 6 pounds 3 ounces, and Marcia with 6 pounds 8 ounces.

JD guessed baby's length correctly at 19.25 inches! Both Diane and Katie were close with 19.5 inch guesses. Several people guessed 19 inches - Terri J, Maureen Burbidge, Cynthia W, and Theresa Tynan.

Thanks for playing Take a Guess About Baby Tremaine!

Of course, thank you to Mother Mary Lynn and David for sharing this amazing time in their lives with all of us!

Music Ministry Opportunities for All Ages

John-Luke Addison, Director of Music

The beginning of the program year (September-June) is a great time to join a music ministry! A love of music-making and a willingness to learn are all that is required for most ministries. Below are the rehearsal schedules for the music ministry. Please contact me, jladdison@stbartschurch.org, if you have questions or are interested in joining a group.

Parish Choir:

- Rehearsals are Thursdays, 7-9 p.m.
- First rehearsal September 6
- A choir retreat is tentatively scheduled for September 22, 9 a.m.-1 p.m. here at St. Bart's.

Schola Choir:

- Rehearsals are Wednesdays, 6-7 p.m.
- First rehearsal September 5

Children's Choirs (NEW SCHEDULE!):

• Junior choir (ages 7-12) Thursdays, 4:30-5:15 p.m., Sundays 11:45 a.m.-12:30 p.m.

Junior Choir introduces the basics of choral singing and music theory. The commitment to this choir includes weekly rehearsals, completing weekly theory assignments and rehearsing the assigned practice homework. A light snack is provided.

• Intermediate choir (ages 13-18) Thursdays, 5:15 p.m.-6:30 p.m., Sundays 11:45 a.m.-12:30 p.m.

Children in the Intermediate choir commit to rehearsing weekly, more advanced musicianship, completing weekly theory assignments, and preparing practice material throughout the week. The intermediate choir members are also invited to sing at the parish choir rehearsals Thursdays 7-9 p.m.. A light snack is provided.

First rehearsals for all Junior and Intermediate choirs begin September 6.

Private lessons available: contact jladdison@ stbartschurch.org

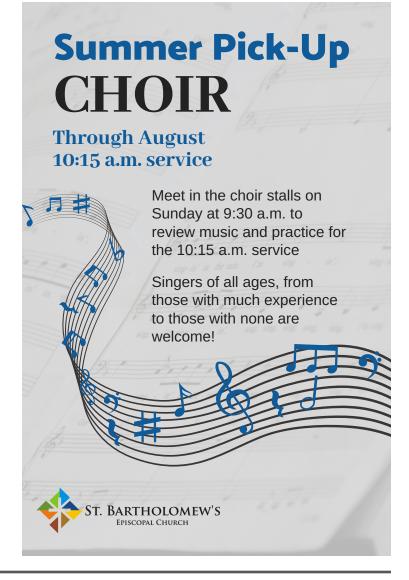
Orchestra:

- Rehearsals are Wednesdays, 7-8 p.m.
- First rehearsal September 5

We welcome any orchestral instruments: strings, brass, winds, percussion.

Handbells:

- Rehearsals are Mondays, 7-8 p.m.
- First rehearsal September 10



Serve God as a Lay Eucharistic Visitor

The Rev. Mary Lynn Coulson

What is it?

Lay Eucharistic Visitors bring church into the world. Visitors are trained in offering a compassionate presence and connection to the church to those who are homebound. They bring eucharist, flowers, scripture, and prayer. Visitors receive a communion kit at church, and are blessed and sent out from the altar each week.

What is the commitment?

Visitors are asked to commit to bi-weekly or monthly visits. An annual training offers a space to practice listening, pray with others, and explore our call as Christians to minister to each other. Visitors set their own schedule.

Any special skills needed?

Eucharistic visiting is for everyone, and is central to our baptismal promises. It requires a willingness to learn and be open to God's spirit. If you are eager to go deeper in your faith journey, please join us.

Why do you love it?

Someone asked us once why we love it, and the answer is that it gives us great joy. We find the exercise of listening to be a spiritual practice, one that challenges us to grow with God. Answer the call and experience the blessings.

To get involved, contact Cathie Roy, 858-837-2988, or pastoralcare@stbartschurch.org.





Thursdays October 11-November 15 10-11:30 a.m.

If you are a caregiver for an ailing or aging spouse, parent, sibling, child, or otherwise, this group is for you. We will create a safe space to share the joys and challenges of being a caregiver, and to explore ways to care for ourselves. Find strength and community along the way – you don't have to walk this path alone.

This 6-week group is free of charge, and are all welcome – you don't have to be a St. Bart's parishioner to participate! To join, please email Dawn Stary, dawnstary11@gmail.com, by October 4.

Dawn Stary holds a bachelor's degree in theology from the Loyola University Chicago and a master's degree in pastoral care and counseling from the University of San Diego. She has been working as a pastoral counselor since 2006. She has served various populations both at churches and non-profits and has worked with. individuals, couples, families and groups. Dawn has also taught classes on pastoral care, self-care and social teachings in the church and has spoken both nationally and internationally on her work as a pastoral counselor. She is a proud Buckeye from Cleveland, Oltio and has lived in San Diego since 2004 and she is a diehard Cleveland Indians and Chicago Cubs fan.



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General Convention Recap

Polly Getz, Chair, San Diego Deputation

For the first two weeks of July, it was my privilege to serve as one of the Deputies elected at Diocesan Convention to represent the Diocese of San Diego at our General Convention. This is the first of two articles about some of the matters we discussed and actions we took on behalf of the whole Church. There will be a forum on September 2 at St. Bart's to discuss the work done and decisions made. In the meantime, I respectfully offer this summary of some of the things we did.

What is General Convention?

The General Convention is the legislative body of the worldwide Episcopal Church (We exist in 16 countries). It meets every three years for about 10 days. There are two Houses: the House of Deputies and the House of Bishops. The House of Bishops consists of all bishops of the Episcopal Church, which is about 150. The House of Deputies consists of people elected by their dioceses. Each diocese is authorized to elect up to 4 priests or deacons and 4 laypeople. With 110 dioceses, the House of Deputies ends up with about 850 members.

We come together to make decisions about polity, our Constitution and Canons, social issues, election of many of our leaders, our liturgies, and various matters that impact our relationships within the church and with the wider church and the

Anglican Communion.

Restore La Iglesia Episcopal de Cuba to the Episcopal Church

In a truly historic move, the

Episcopal Church in Cuba was brought back into the Episcopal Church. Bishop Griselda was there to celebrate the great moment. In 1959 and into the early '60s, the revolution in Cuba resulted in the Episcopal Church in Cuba being separated from the rest of The Episcopal Church. There was no travel between the United States and Cuba and no financial transactions. In fact, if we wanted to assist Cuba, we had to send our efforts via Canada. With the current improvements of relations between Cuba and the United States, we were able to begin dialogue about restoring the Episcopal Church in Cuba to the global Episcopal Church. While we did, in fact, welcome Cuba "home," there are still a number of matters to be addressed, including amending their Constitution and Canons to conform to ours, and bringing pension transactions current. It was a really joyful moment!

Compensate the PHoD

Over the decades, the role and responsibilities of the President of the House of Deputies (PHoD) has grown dramatically. And yet, that person is the only officer of the Church who is (was) not compensated. Over time, it became apparent that only

someone who was retired, had married well, and/or was independently wealthy could serve in that role. It became an issue of justice. The House of Bishops pushed back because they were concerned the House might seek to create a co-primacy of sorts between the Presiding Bishop and the President of the House of Deputies. Those fears were assuaged and both Houses approved directing Executive Council to make appropriate provisions for compensation.

Refugees – Hutto Detention Center

On Sunday morning, about 1,000 of us boarded 19 buses and went to the Hutto Detention Center about 40 minutes from Austin, in Taylor, TX. Hutto is a private detention center which is one of many housing mothers who have been separated from their children at the border upon trying to enter the United States to seek asylum. We were gathered in a grassy area of a sports field some distance from the Center. We broke into spontaneous songs in the hope the women inside could hear us, and conducted a prayer service led by our Presiding Bishop. At one point, about half our group began to wander toward the facility, not realizing our permit did not allow this. As the group got to within about 50 yards, they began to see hands pressed up against the windows and pieces of paper being moved against the glass to get the attention

of the crowd. Eventually, security turned our group back. However, we later found out that an inmate called one of our organizing groups and told them the women could, in fact, see and hear our people and were heartened by reassurance they were not alone. I would encourage you to read the poignant posting of The Rev. Colin Mathewson on the diocesan website at edsd.org.

More on General Convention next month, including elections and Book of Common Prayer.

Father Chris Leaves St. Bart's for Michigan

In June Father Mark shared the tearful and joyful news that Father Chris will be leaving St. Bart's for Christ Church Cranbrook in Michigan.

St. Bart's Day, August 25, following the 5 p.m. service, we will celebrate our patron saint, our community, and wish Father Chris, Joe, and their girls good luck on their new adventure in Michigan.

Here's Father Chris' message to us.

As we prepared for the birth of our girls, Joe and I were told more than once how our lives would change. That of course proved very true. And while we anticipated much of it, one change we really didn't expect was the strong pull we began to feel to reconnect with family. Joe has a large family in Michigan, and over the past year, the idea of the girls growing up surrounded by grandparents, cousins, aunts and uncles, began to feel more and more appealing. When an invitation came to become the associate rector at one of the great cardinal parishes of the country - the same church that opened its arms to Joe's family for his brother's funeral and his sister's wedding - it was both one of the easiest and one of the hardest decisions of our lives. After a great deal of discernment and prayer, we are both overjoyed and deeply saddened to share that I have accepted the call to serve as Associate Rector at Christ Church Cranbrook in Michigan beginning in September.



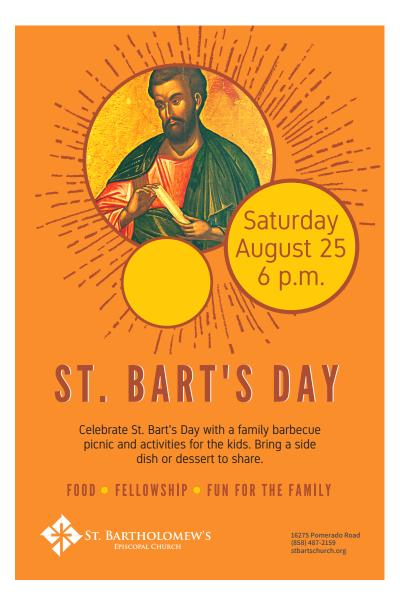
I will be forever grateful for my time with you. You opened your arms to my family in ways I could have never imagined, and you helped form me as a priest – and as a father – in ways I never expected. For that reason, St. Bart's, and each of you, will always be with me. Your willingness to challenge yourselves to share

God's love with all – no exceptions! – is an inspiration that I will forever draw from. For that, and for all the amazing ministry moments and magical memories over these last three years, thank you.

As I prepare to pass the baton, I do so with deep gratitude for the time I was entrusted to carry it, and with enormous excitement to see where you all go next. God has brought together something special at St. Bart's. You effortlessly blend great joy with deep reverence and bring a sense of family to all that you do – especially in your dedication to radical hospitality. It's a charism I think any bishop would like to bottle up and sprinkle around all their congregations and one that I certainly hope to bring with me to my next one.

I want to say a word of gratitude to Fr. Mark, as well, who could not have been more pastoral and supportive to me and my family during this discernment process – and indeed my entire tenure here. We have been so blessed to be a part of this amazing team. Fr. Mark has fostered such a healthy atmosphere of collaboration, transparency and authenticity that in addition to the many wonderful attributes of St. Bart's, makes this a truly special place to be indeed.

May you continue to surprise the world by going to the unexpected places, to share God's love with the most unexpected people. And may you continue to do so with such infectious joy and gladness that all who see you will say, 'Blessed are the peacemakers, for they are the children of God!



Sunday School Open House

Sunday, September 9 after the 10:15 a.m. service

Come meet your teachers and classmates. Get a peek at what you will be learning and enjoy ice cream sandwiches!





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Grow in Faith: Join High School Confirmation

The Rev. Mary Lynn Coulson

What is confirmation?

In the Episcopal tradition, all baptized adults are invited to "express a mature commitment to Christ, and receive strength from the Holy Spirit through prayer and the laying on of hands by a bishop" (BCP, p. 860). We call this confirmation, a sacramental rite that is rooted in our baptismal promises and which connects us to the wider church.

High schoolers are invited to participate in a small group with their peers, which gathers every other week from September – June. Confirmation is all about growing in faith – the group explores questions about God, life, the church, and more. Students are invited to bring their whole selves to the process, including their doubts, questions, and real-life experiences. It is an open community which is seeking to understand what it means to follow Jesus. Confirmation is an intentional journey into discipleship, an opportunity to deepen our faith.

Adult parishioners are invited to partner with a confirmation candidate as a mentor. Studies of the most successful confirmation programs showed that pairing a high schooler with an adult mentor was an essential component. Mentors are invited to join the group for several Sunday evening sessions, and present the candidate at the confirmation service. Candidates and mentors get to know one another at group gatherings and one-on-one settings, where they share about their journeys of faith. You don't have to be a "perfect Christian" or "know all the answers" to be a mentor! First, that doesn't exist. The process is about Confirmation and being a confirmation mentor is not about knowing all the answers. It's about an openness to how God is working in our lives, a desire to engage in intentional discipleship, and a willingness to take seriously our questions about faith.

To join the 2017-2018 confirmation group or to be a mentor, please contact Beth Dean, bdean@stbartschurch.org.

High School Confirmation Information Session Sunday, August 19, 12-1 p.m.

Confirmation Mentor Training Sunday, August 26, 11:45 a.m.-1 p.m.

Another Lesson Learned From My Mother

The Rev. Mark McKone-Sweet

"When Christ Calls a Man, He Bids Him Come and Die"

Dietrich Bonhoeffer

With my first respite of the summer complete, I am most grateful for having the time to be with my family, extended family and to unplug from my daily responsibilities, duties and burdens. I learned decades ago that it takes me a good three to four days to unwind and become fully present to my family. This summer, it took me longer, a good ten days. Why? My mom.

It had only been four weeks since we had buried her when I arrived in Chatham. I tried everything to muscle my way through my grief by transferring my busy "daily" life in San Diego to a busy life "on vacation".

On day ten, my brothers and I met with the estate lawyer. There were no mysteries, no debates among us siblings. We simply had to follow through with her wishes. We did just that. Amen. As the lawyer was talking and piles of paper work being signed, I stopped trying to see the big picture - that mom had loved us even after her death with all her planning. It was an emotional and sobering moment. I heard my voice crack as I said, "I miss mom."

Two days later, Kate and I drove to mom's condo to pick up what we had inherited and begin to donate everything else. There was much work, laughter and tears throughout the day.

As I empty a bookshelf I built in middle school, a book fell into my lap. Written in 1937, this edition published in 1963, The Cost of Discipleship, by Dietrich Bonhoeffer grabbed my attention. The back cover summarized the intensity of prophetic Christian witness and teachings. And, another piece of the of the puzzle: mom's relationship with Jesus Christ was revealed. Quotes on the back cover:

- "Cheap grace is the grace we bestow on ourselves ... the preaching of forgiveness without requiring repentance, baptism without church discipline, communion without confession. cheap grace is grace without discipleship ..."
- "Costly grace is the gospel which must be sought again and again, the gift which must be asked for, the door at which a man must knock ...
- "It is costly grace because it costs a man his life, and it is grace because it gives a man the only true life."

Looking back, I can see how mom tried to live her life seeking costly grace. How she gave up her life repeatedly for Christ, in others. Mom was not perfect, but I see know how she lived into life of discipleship that was costly grace.

As a child of God, a lover of Jesus Christ and your pastor and priest ... I have begun the work of reading this book and reflecting on cheap and costly grace. My hope and prayer is that someday, when my children reflect on their father's life, they too may too discover my strength found in Jesus Christ, my yearning to be and bring everyone and anyone into the fellowship of being a disciple of Jesus Christ. And my hope, that I experience true life – only found in dying to Christ.

Can you identify with the spiritual journey of choosing cheap grace and giving your life to Christ, costly grace? The Good News is that we can begin today. God is calling you. Say "yes" and be transformed more fully into a disciple of Jesus Christ.

Thank you, mom! You were always the teacher, I am still learning.

Regular Meetings

SUNDAY

Interfaith Community Services (ICS) - Merle's Place

1st & 3rd Sunday, 4-6 p.m. Contact Jill Henderson at 760-807-8445.

Daughters of the King

3rd Sunday at 9:15 a.m., Room 3E

MONDAY

Boy Scouts

7 p.m., Parish Hall

Health and Wellness Ministry

1st Monday at 5:30 p.m., Education Building, Room 3AB

Hand Bell Choir

7 p.m., Choir Room

TUESDAY

The Prayers and Squares Quilt Ministry

Tuesdays (except fifth Tuesday), 1 p.m., Quilt Room

Centering Prayer

5 p.m., Education Building, Room 3AB

Our Space

2nd & 4th Tuesdays, 6:30 p.m.

WEDNESDAY

Interfaith Community Services (ICS)

Serve breakfast, fourth Wednesday at 6:00 a.m. Contact Denny Walters at (760) 432-8518.

Thrift Shop Work Night

Last Wednesday at 4:00 p.m., Thrift Shop

Schola

6 p.m., Choir Room

Youth CREW

6 p.m., Youth Room

String Ensemble

7 p.m., Choir Room

THURSDAY

Grief and Loss Group

8:30-10 a.m., Education Building

Book Guild

4th Thursday, 1:00 p.m., Conference Room

B.P.U.S.A. – Bereaved Parents

4th Thursday, 6:30 p.m., Conference Room

Choir

7 p.m., Music Room

AA MEETINGS

Sundays, 6 p.m., Conference Room

Mondays, 9:30 a.m., Parish Hall (Women only)

Tuesdays, 12 p.m., South Parish Hall

Tuesdays, 5:30 p.m., South Parish Hall (Women only)

Wednesdays, 6:45 p.m., Parish Hall

Thursdays, 12 p.m., South Parish Hall (Beginners)

Fridays, 9:45 a.m., South Parish Hall (Women only)

Fridays, 12 p.m., South Parish Hall and 6 p.m., Room 3AB

Saturdays, 9:30 a.m. and 12 p.m., Conference Room

AL-ANON

Mondays, 12 p.m., South Parish Hall

Tuesdays, 12 p.m., Parish Hall

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News from the Hill is a monthly publication of St. Bartholomew's Episcopal Church, 16275 Pomerado Road, Poway, CA 92064.

Editor: Kristeen Evans, Communications Manager

Deadline for submission of articles and announcements is the 10th of the month for the next month's newsletter. We welcome your submissions of information for publication. Please contact news@stbartschurch.org.

Get the St. Bart's App

Keep up with our St. Bartholomew's community through our app. There are so many ways to use this app - view service times, read St. Bart's Blog articles, listen to Sermons, pray for someone on the Prayers of the People list, get ready for Sunday with Lessons & Readings, and watch past 9am Forum discussions.



- Install Church App-Tithe.ly on your phone.
- Search Poway (you'll see the St. Bart's logo).
- Once you tap St. Bartholomew's, it will be your favorite.





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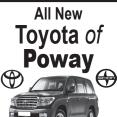
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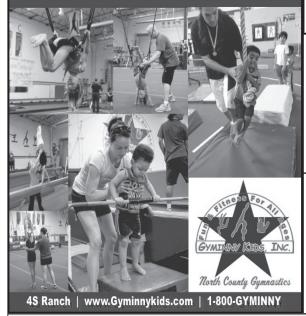
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Worship Services

Sundays: 8 a.m., 10:15 a.m.

Saturdays: 5 p.m.

Office Hours

Monday through Thursday 9 a.m. to 4 p.m. Friday 9 a.m. to 1 p.m.

Clergy and Staff

.
Clergy
The Rt. Rev. Katharine Jefferts Schori, Assisting Bishop
The Rev. Mark C. McKone-Sweet, Rector
The Rev. Mary Lynn Coulson, Assistant Rector
The Rev. Chris Harris, Assistant Rector
Honorary Clergy
The Rev. Robert Crafts, Priest-in-Residence
The Rev. Roy E. Hoffman, Priest-in-Residence
The Rev. William Zettinger, Deacon-in-Residence
Music Ministry
John-Luke Addison, Director of Music, Principal Organist
Janie Prim, Associate Organist
Christian Formation for Children and Youth
Alexandra Howard, Children's Ministerahoward@stbartschurch.org
Maureen Hovannesian, Children's Ministry Assistant
St. Bartholomew's Preschool
Cheri Hoffman, Directorpreschool@stbartschurch.org
Jen Shah, Administrator
Administrative Staff
Beth Dean, Parish Administrator
Kristeen Evans, Communications Manager
Lisa Saldamando, Bookkeeper
Treasurer
Mike Jewett, Sexton
Pastoral Care Coordinator
Cathie Roy
St. Bartholomew's Thrift Shop 858-486-2110

Laurie Wathen, Managerstbarts@att.net

Vestry and Terms

Dan Crane, Senior Warden	2020
Nancy Petersen, Junior Warden	2019
Pat Blair	2020
Helena Chan	2021
Elaine Coke	2020
Karen Crafts	2021
Mark Davis	2020
Costa Dillon	2019
Jim Grandinetti	2019
Mike Richardson	2019
Cathie Roy	2021
George Tynan	2021
Noah Domke-Rojas, Youth Rep.	2019
Terry McCune, Treasurer	
Pauline Getz-Enos, Chancellor	
Anne Snyder, Clerk	





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News from the Hill

August Issue St. Bartholomew's Episcopal Church 16275 Pomerado Road Poway, CA 92064-1826 P: 858-487-2159 F: 858-487-2324 www.StBartsChurch.org

Change Service Requested

Pray for You

Prayers & Squares Quilt Ministry

Thank You For Letting Us Pray For You!

Long before those beautiful prayer quilts hit the patio, many prayers have been lifted up over fabric and stitched into seams for the recipient. Thank you for allowing us to pray for you and your loved ones in their hour of need.

The Prayers & Squares Quilt Ministry is blessed by your requests, your donations, and your many kind words of thanks. If you need some encouragement to stop and tie knots, just read these notes and know how you have made a difference in someone's life through something as simple but amazingly powerful as prayer.

"A few years ago we gave a quilt to Gene who was struggling with cancer. He was so very pleased and had it on his chair all the time. Over the past few years he and his wife, Becky, have battled this disease together - a great love story of strength and courage. Sadly, last week Gene was taken home to be with the Lord and was buried last Saturday covered in his prayer quilt, which meant so much to them both. Dearest Ladies, your gift of making the quilts means so much to so

many - my grandson who was sadly born blind has his prayer quite on his mattress and sleeps on it every day."

"I cannot tell you how much I appreciate the beautiful, colorful quilt that you made me. I was surrounded by love and prayers from my St. Bart's family. My surgery was a huge success, and I am now cancer free. Prayers helped! God is so good and so is the love and prayers from St. Bart's! Thank you!"

