



ST. BARTHOLOMEW'S

EPISCOPAL CHURCH

News from the Hill

January 2019

Poway, CA

Inside this Issue

Page 2

Get Involved With God, *continued*

Page 3

ReGeneration: Try It On
A Pilgrim Journey

Page 4

Prayers & Squares Retreat
Preschool Update: It's Registration Time

Page 5

My Jewish Friends & Tragedy

Page 6

Begin an Epiphany Tradition
Youth CREW January
Marking Epiphany Liturgically

Page 7

Free Food Distribution
Family Movie Night

Page 8

Feeding San Diego Flyer

Page 9

Regular Meetings
About *News from the Hill*
Follow St. Bart's

Page 10

Sponsors

Page 11

Clergy, Staff and Vestry

Page 12

ReGeneration

Get Involved With God and Our Community

The Rev. Mark McKone-Sweet

Dear Friends,

"Welcome. No, really, it's a blessing to meet you. Is this your first time at St. Bart's?"

My friends, first impressions are everything. St. Bart's has developed a reputation for radical hospitality—and it depends on you to make it real and tangible. Join one of our teams to make our welcome felt from the very first moment someone parks their car, walks up the stairs, and enters our church.

Who are you? I am pretty good at facial recognition, but I can't recall a name to save my life. So please, please wear your name tags—if you need an extra, request another. (I have several, in my car, office, travel bag, and home.) Order forms are available at the WELCOME table.

If you are new to St. Bart's, please mark your calendars and join us for our annual meeting on Sunday, January 27 at 10 a.m. We will give thanks for 2018, prepare for 2019, and affirm where God is calling us. Children and youth programming will parallel the meeting. We'll conclude with

an awesome lunch on the patio.

St. Bart's rocks! When I was first ordained, the rector (priest) told me to expect "things to quiet down" after Christmas. Well, that is furthest from the truth for St. Bart's. This newsletter serves as a reminder of the many opportunities to engage with Jesus Christ and with others as you continue on your journey.

Here are a few possibilities for those New Year's resolutions you may be considering. As I was reminded by the manager of a sports club one January, we make our profit off the people who sign up at the beginning of the year and never

come back in March. In other words, you don't need to commit for the entire year, just get involved with God and our community now.

May I suggest you "try on" meeting Christ in companionship with others? When you walk on campus, check out the CONNECT and SERVE tables.



continued on page 2

Get Involved With God

continued from page 1

The Rev. Mark McKone-Sweet

Adult Formation: Canon Allisyn starts her first adult formation series on January 30. Sign up, whether you are new, visiting for the winter, or have been active for years.

Youth CREW: Bring your teens to our youth group which meets every Wednesday from 6 p.m. to 8 p.m. Dinner is provided. Note that we often have adult formation offerings at the same time.

Bible Studies: We have three groups, all of which are open:
Wednesdays, 6-7:30 p.m. (Women's Bible study)
Fridays, 7:45-9 a.m., Church Office (Men's Bible study)
Sundays, 6-7:30 p.m., Church Office

Feeding San Diego: Our food pantry got off to great start in November and December. As demand grows, we need you and your family/friends to join one of our weekend teams. You can volunteer once a month from 1 p.m. to 3:30 p.m. or help pick up food between 8 a.m. and 9 a.m.

MLK Weekend: Services will offer remembrance of Dr. King's prophetic words. We'll have a parish dinner and movie night for all ages on Monday, January 21.

Bishop Candidates: On Friday, January 18, St. Bart's will host the diocese for a daytime (mid-morning) opportunity to meet the candidates and hear them speak to their joys and hopes for our diocese and the future of the church. More info to come.

We Need You: Just for an hour a month! Seriously. Look to the patio as we expand our teams for welcoming, greeting, and serving on campus:

Youth: Please sing in the choir (ages 7-18) and acolyte (assist at the altar, 5th grade and older). Acolytes serve once a month; for singers, check John-Luke's schedule based on age.

Greeters: Welcome visitors and seekers on the patio before and after each service and event. Team members often serve once a month.

Ushers: We need ushers for all five services (5 p.m. on Saturday, 8 a.m. and 10:15 a.m. on Sunday, monthly Choral Evensong, and our anticipated monthly ReGeneration service).

Reception Help: Set up and serve at receptions following the Choral Evensong and ReGeneration services.

Lectors: Join our lector teams and read scripture—we want to hear your voice. Lectors are needed for all services.

Bartmobile Drivers: Drivers are needed at every service and parish event. We want the first impression in the parking lot to be your face and smile.

Flower and Altar Guild: Want a quieter, more interment servanthood? Become a part of one of the weekend teams that arrange flowers or prepare the altar and sacraments for each service.

Formation: Serve on one of our formation teams as a teacher or aide. We have 25 adults working with our children and youth, but we are always seeking more—our young people learn best from adults who are passionate about their relationship with Jesus.

Hospitality: Our hospitality team regularly needs many hands. Join us as we serve each other and those around us at parish and community events.

I look forward to serving Christ with you,

Mark+



**A Course
for the
Christian
Journey**

**Wednesdays
6-8 p.m.**

January 30-February 20

ReGeneration: Try It On

John-Luke Addison, Director of Music

'Contemporary Worship' is a loaded term, as it implies that our normal methods for worship are backward, old-fashioned, and 'Traditional'. That may be true to an extent, as we use familiar liturgical elements such as creeds, readings, and prayers, but so much of our worship style has evolved over the years, and what we have is very much 'contemporary' already. The biblical translation accepted by the Episcopal Church (New Revised Standard Edition) was published in 1989. Many of our favorite hymns were composed in the last 50 years ("On Eagles' Wings", "Here I Am, Lord", and "Shine, Jesus, Shine" come to mind). And our language for Collect, Prayer, Blessing, and Confession is often updated to implement more inclusivity and establish relevance with our modern world. So is

the term 'Traditional' really accurate for our framework?

Normally when we hear 'Contemporary Worship', our minds may imagine rock and pop music, with fierce evangelical speakers:

something that is completely the antithesis of what our comfort zone is in our bubbles of Tradition.

For some denominations and institutions, this may be the reality, but our vision at St. Bart's for Contemporary Worship maintains much of what we love about the Episcopal liturgy and provides more engaging opportunities for sensory expression. Our eyes look higher, our

ears hear a new language, and our mouths sing new songs. Dynamic worship can take many shapes, and our goal is to provide another worship opportunity for our community, so they can become closer to God

and nurture our spiritual relationships.

Regeneration is defined as "bringing new and more vigorous life", and "giving a new and

higher spiritual nature." Our first ReGeneration service in October was powerful in many ways and planted the seed to our community that we can be challenged to open our senses to more colorful worship. Our worship team includes singers, musicians,

speakers, and readers, and the service encourages vibrant congregational participation through music, prayer, and presence. We sing music that has powerful underlay, share stories of faith and experience, support our community through prayer, and receive Eucharist without exception. The service shares several similarities with Celtic music and liturgy, as well as the traditions of Cursillo, Folk Masses, and new Christian music.

The next ReGeneration service is Sunday, January 20 at 4 p.m. We challenge you to come try it on. You may feel it's not the right size, or you may find it fits perfectly and allows you to pursue a deeper relationship with God.

See the ReGeneration reminder on Page 12.

A Pilgrim Journey

The Rev. Canon Allisyn Thomas

Christianity is not a destination but a journey. And regardless of how long any of us have been on the journey, the Spirit is always urging us on, to go deeper in our relationship with God and seek to bring Jesus into the world through our presence, action, prayers, and searching. Presiding Bishop Michael Curry speaks of how Christians are "People of the Way." A way whose purpose

is nothing less than "the transformation of the world."

During this Epiphany season, on Wednesday evenings we will together, celebrate the revelation of Christ to all people and explore what it means to be 21st Century Christians, People of the Way. During the four weeks we will be together, we will examine the areas listed below and how they inform and deepen our pilgrim journey.

This will be a time of participation, not persuasion, in which all questions, thoughts and wonderings are not only welcome but encouraged. In addition, a light supper will be served. The Rev. Canon Allisyn Thomas will be your guide through the specific areas discussed each week:

January 30
Turning to Christ

February 6
The Lord's Prayer

February 13
The Commandments

February 20
The Beatitudes

If you have any questions, please contact Canon Allisyn at athomas@stbartschurch.org. To register, contact Beth Dean at bdean@stbartschurch.org.

Prayers & Squares Retreat

Dawn Mock

Our Prayers and Squares Ministry recently held their annual retreat at Vina de Lestonnac retreat center in Temecula. This year's theme was "Celebrate – 20 Years of Faith, Fun, and Fellowship." During their time away, they worked on quilts and personal projects, as well as participated in daily devotions and team building activities.

Over the past 20 years, the ministry has distributed over 2,200 prayer quilts to individuals, plus 500 to foster children, 25 to Katrina victims and 200 to Gently Hugged, an organization which provides clothing and supplies for the first year to needy babies. In addition, the group has also provided 400 prayer squares to the 2017 diocesan convention, 1,000 placemats to Meals on Wheels and the Senior Wisdom lunches and 1,000 prayer squares to members of the St. Bart's church family.



Prayer quilts may be requested at any time; however, several guidelines are required. The quilts are never a surprise for the recipient. The wording for the prayers comes directly from the recipient and there is never a charge. However, donations are always welcomed. (Make checks payable to Prayers and Squares.)

The motto for the quilt ministry is "It's not about the quilts, it's about the prayers." Members enjoy participating in this ministry and being able to serve our Lord through the use of their skills. They also thank parish members for tying the knots and providing their prayers.

Preschool Update: It's Registration Time

Jen Shah, Preschool Administrator

December was a time to rejoice and have a little fun at the preschool. For the past several years, we have "adopted" Central Elementary School in Escondido for Christmas. We coordinate with their social worker and teacher for children's names who are in need. An "Angel Tree" was set up in the lobby with ornaments on the tree for each child. This year our families donated 32 gifts and even enough for siblings. In addition, we collected throw blankets to keep the kids and families warm during wintertime. Thank you to all our families for their kindness and generosity and participating in this wonderful teachable moment with all of our students.

Our annual Christmas pageant and party were held on December 17 and 18. The pageant was followed by a Christmas party where all of our families were invited to celebrate the season. All classes age 3 through Pre-K participated in the pageant and even Mr. Mike was part of the celebration and added a little magic to the season to our students and families.



The final school days the children participated in our first Winter Wonderland days where they created winter-themed crafts, enjoyed winter treats such as hot chocolate, cookies and popcorn, and even snow play days (preschool style).

Now that's it's January, we are focusing on registration for the 2019-2020 school year. Beginning January 14, registration is open to currently enrolled families, St. Bart's church members, and waitlisted families. We anticipate registration for next school year to fill quickly.

If would like to tour the school, please contact us at (858) 487-2140. For more information about the preschool visit stbartspreschool.org.

Best wishes to everyone over the holiday season and into the New Year ahead!

My Jewish Friends & Tragedy

The Rev. William Zettinger

Some of you know that I grew up in Brooklyn. In those days, that community was a diverse mixture of Christians and Jews. Many of my friends were Jewish, we broke bread together, prayed together and played together.

I can remember the many meals we shared in a friend's house over Yon Kippur, Hanukkah and on our Christian holidays.

My childhood closeness to the Jewish community may be why the shooting that took place on Saturday, October 27, at the Tree of Life synagogue in Pittsburgh affected me so much.

It was like all of the mass shootings we live through, an assault by hatred upon hope and it struck me; almost as if I were there and knew these victims personally.

I say hope, because most people of goodwill, and certainly people of faith, live with hope and by hope.

Every day in Pittsburgh and throughout the United States Jews interact with people of all walks of life. And every day, thousands, yes, even millions, of such interactions are examples of people living together with respect, hope, and goodwill as I did as a young boy.

In a religiously pluralistic and a multi-ethnic culture, we arguably get along just fine 99.99 percent of the time — every day. We help each other,

we show respect and we offer support as we did during the Prayer Vigil at Temple Adat Shalom just a few days after that horrific event.

We Americans are kind. We have good hearts.

Then the specter of evil rears its head, and with motive, means and opportunity, the evildoer assaults shake us to the bone. The assaults are pure evil.

And when that evil strikes it's like we have to start all over again and ask. So what now?

It's no coincidence that many, certainly not all, of these attacks, are upon the innocent who are at school studying their lessons, or at church praying and reading their scriptures.

Only a year ago, 26 people were killed at the First Baptist Church in Sutherland Springs, Texas. And it was only seven months ago that 17 were killed at the Marjory Stoneman Douglas High School in Parkland, Florida.

Those whose minds and hearts are filled with hatred, bitterness and a thirst for violence attack those who embody the ideals of innocence, education, and faith. In that way, this hatred is cowardly.

As these terrible events unfolded I could not help but think of Jesus being asked that most important question "What's the most important commandment"? And Jesus says, "Love God, and love your neighbor as yourself on these two commandments hang all the law and the prophets." I believe that question helps us with our question. What do we do now?

Jesus goes on to explain who the neighbor is. It's the person who's not like us.

In the aftermath of the synagogue

shootings, neighbors have rushed to help. The Muslim community in Pittsburgh has responded with sympathy and concern, raising more than \$190,000 to help with the burial of the victims. "Jewish and Muslim burial practices are very similar, so we thought we could do something," said Islamic Center of Pittsburgh Executive Director Wasi Mohamed.

Then there was the good Samaritan's asking the same question. What should we do now? Should we leave our homes, leave our churches and search for the stranger and alien among us, and commit acts of virtue, not violence.

In so doing, we love God, we love our neighbors and we

fulfill the most important laws of God.

The lawyer who posed the question thought Jesus' response was spot on. "You're right," he said. "Loving God and our neighbor is much more important than burnt offerings."

Jesus liked this comment. He said, "You're not far from the kingdom."

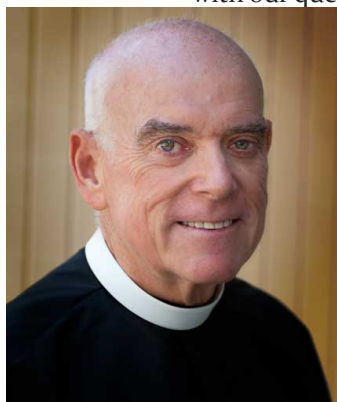
This tragedy in Pittsburgh is a reminder for us to persist with hope, to persevere in our love for God and to be relentless in our love for the "other," the stranger, the alien — our neighbor.

And never forget, It is as President Herbert Walker Bush, 41, once said; "hatred corrodes the container that holds it."

We cannot let the hatred of our time, these tragic events, corrupt our souls and our faith.

Our place, our call as Christians, is to love God and our neighbor as thyself. It was good advice by Jesus 2000 years ago and good advice today.

When we do, we too, may not be far from the kingdom and that's a good place for us all to be.



Begin an Epiphany Tradition

The Rev. Mary Lynn Coulson

We come to church to pray, to worship, to learn, and to be in community. We leave church to do the work God is calling us to do – to continue breaking bread and praying as the apostles have handed down; to resist evil; to proclaim the Good News; to seek and serve Christ in all persons; and to work for justice (see pages 304-305 in the Book of Common Prayer. These are our baptismal promises.).

Well, how do we do these things? From the moment we wake up each morning, every breath is an opportunity to turn back toward God. Every interaction is an invitation to see Christ in another person. Every task before us is a chance to follow Christ in a small way – by being honest, showing compassion, and seeking connection.

So many of these small moments of faith happen in our homes. Whether you live alone, parent small children or care for an aging parent, the rooms of our homes hold our faith lives. Our homes are where we break bread, learn how to treat others, and reflect

on our lives.

Begin a new tradition this Epiphany – ask for God’s blessing on your home. Gather everyone – neighbors, pets, friends – for a brief liturgy. Share the prayers below, then write this inscription above the door to your home with chalk: **20 + C + M + B + 18**

*Leader: Peace be to this house, and to all who enter here.
People: Amen.*

May all who come to our home this year rejoice to find Christ living among us; and may we seek and serve, in everyone we meet, that same Jesus who is your incarnate Word, now and forever. Amen.

As participants take turns making the inscription, the leader says:
The three Wise Men, [C] Caspar, [M] Melchior, [B] and Balthasar followed the star to Bethlehem and the child Jesus [20] two thousand, [18] and eighteen years ago. [+ +] May Christ bless our home [+ +] and remain with us throughout the new year. Amen.

All say the Lord’s Prayer



Youth CREW January: Bullying and Faith

The Rev. Mary Lynn Coulson

January 9, 16, 23, 30
6-8 p.m.

In January at Wednesday night Youth CREW we will explore the topic of bullying – how does bullying affect your life in middle or high school?

Where do you see it taking place? What does it feel like to be bullied or to be the bully? How does Jesus call us to respond?



Marking Epiphany Liturgically

The Rev. Canon Allisyn Thomas

The word “epiphany” means “to manifest, to show,” or as I like to say a bit less theologically, an “ah ha moment.” Thus, the Feast and season of Epiphany in the Christian calendar, commemorates the manifestation or ah ha moment regarding the divinity of Jesus, beginning with the coming of the Magi, signaling Jesus came for all people. In order to help with the commemoration, on Sundays we will be using a Eucharistic prayer from *The New Zealand Book of Common Prayer* hoping the different language and images will help us in our ah ha moments as we seek to understand the gift of Jesus’ divinity for us all in new and deeper ways.

Free Food Distribution For Anyone Who Needs It

Lisa Marie Oakes

The first few months of distributions with Feeding San Diego at St. Bart's have been fantastic! Over 2,000 pounds (that's a ton!) of food has been distributed and we're just getting started.

If you could use some help getting food on the table, stop by and select a few items or if you know someone else who might need some food, bring them by or stop by and grab a few items for them. No registration or income requirements needed.

Please invite your neighbors, tell your friends and those you might chat with out in town. Many among us are feeling food insecure and by letting everyone know we can help ease the need. Grab a few flyers from the Serve table after services and pass them out or post around town. There's also a flyer on page 8 that you can tear out or print and hand to a neighbor.

"I stopped by for some food for my neighbor," said a guest this week. "She doesn't feel right about coming herself but she needs groceries.

If you would like to volunteer during a distribution time or pick-up food at our local stores, please email Lisa Marie Oakes at feedingpeople@stbartschurch.org

Free food distribution happens every Sunday at 2 p.m. in the Parish Hall until we are out of food or guests. Normally we are closed by 3 p.m. so come early!

Family Movie Night

Commemorating Martin Luther King, Jr.

Dinner★Movie★Popcorn★Fun

Monday, January 21 at 5 p.m.

Enjoy dinner and a screening of Wonder

All Welcome!



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feedingpeople@stbartschurch.org**



ST. BARTHOLOMEW'S
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Regular Meetings

SUNDAY

Junior & Intermediate Choir (ages 7-18)

11:45 a.m.-12:30 p.m.

Interfaith Community Services (ICS) - Merle's Place

1st & 3rd Sunday, 4-6 p.m.

Contact Jill Henderson, 760-807-8445

Daughters of the King

3rd Sunday at 9:15 a.m., Room 3E

MONDAY

Boy Scouts

7 p.m., Parish Hall

Health and Wellness Ministry

1st Monday at 5:30 p.m., Education Building, Room 3AB

Handbell Choir

7 p.m., Choir Room

TUESDAY

Prayers and Squares Quilt Ministry

Tuesdays (except fifth Tuesday), 1 p.m., Quilt Room

Centering Prayer

5 p.m., Education Building, Room 3AB

Our Space

2nd & 4th Tuesdays, 6:30 p.m.

WEDNESDAY

Interfaith Community Services (ICS)

Serve breakfast, fourth Wednesday 6 a.m.

Contact Denny Walters, 760-432-8518

Thrift Shop Work Night

Last Wednesday at 4:00 p.m., Thrift Shop

Schola Cantorum

6 p.m., Choir Room

Youth CREW

6 p.m., Youth Room

String Ensemble

7 p.m., Choir Room

THURSDAY

Junior Choir (ages 7-12)

5-5:30 p.m.

Intermediate Choir (ages 13-18)

5:30-6:15 p.m.

B.P.U.S.A.- Bereaved Parents

4th Thursday, 6:30 p.m., Conference Room

Choir

7 p.m., Music Room

Support Groups

AA MEETINGS

Sundays, 6 p.m., Conference Room

Mondays, 9:30 a.m., Parish Hall (Women only)

Tuesdays, 12 p.m., South Parish Hall

Tuesdays, 5:30 p.m., South Parish Hall (Women only)

Wednesdays, 6:45 p.m., Parish Hall

Thursdays, 12 p.m., South Parish Hall (Beginners)

Fridays, 9:45 a.m., South Parish Hall (Women only)

Fridays, 12 p.m., South Parish Hall and 6 p.m., Room 3AB

Saturdays, 9:30 a.m. and 12 p.m., Conference Room

AL-ANON

Mondays, 12 p.m., South Parish Hall

Tuesdays, 12 p.m., Parish Hall

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News from the Hill is a monthly publication of St. Bartholomew's Episcopal Church, 16275 Pomerado Road, Poway, CA 92064.

Editor: Kristeen Evans, Communications Manager

Deadline for submission of articles and announcements is the 10th of the month for the next month's newsletter. We welcome your submissions of information for publication. Please contact news@stbartschurch.org.

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Worship Services

Sundays: 8 a.m., 10:15 a.m.

Saturdays: 5 p.m.

Office Hours

Monday through Thursday 9 a.m. to 4 p.m.

Friday 9 a.m. to 1 p.m.

Clergy and Staff

Clergy

The Rt. Rev. Katharine Jefferts Schori, Assisting Bishop 619-481-5454

The Rev. Mark C. McKone-Sweet, Rector 858-432-7107 | revmark@stbartschurch.org

The Rev. Canon Allisyn Thomas, Associate Rector. 858-432-7114 | athomas@stbartschurch.org

The Rev. Mary Lynn Coulson, Assistant Rector. 858-432-7106 | mlcoulson@stbartschurch.org

Honorary Clergy

The Rev. Robert Crafts, Priest-in-Residence

The Rev. Roy E. Hoffman, Priest-in-Residence

The Rev. William Zettinger, Deacon-in-Residence

Music Ministry

John-Luke Addison, Director of Music, Principal Organist. 858-432-7112 | jladdison@stbartschurch.org

Janie Prim, Associate Organist

Christian Formation for Children and Youth

The Rev. Mary Lynn Coulson, Assistant Rector. 858-432-7106 | mlcoulson@stbartschurch.org

Maureen Hovannesian, Children's Ministry Assistant. 858-432-7102 | children@stbartschurch.org

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Cheri Hoffman, Director. preschool@stbartschurch.org

Jen Shah, Administrator

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Mike Jewett, Sexton. 858-432-7120

Pastoral Care Coordinator

Cathie Roy pastoralcare@stbartschurch.org

St. Bartholomew's Thrift Shop 858-486-2110

Laurie Wathen, Manager stbarts@att.net

Vestry and Terms

Dan Crane, Senior Warden 2020

Nancy Petersen, Junior Warden 2019

Pat Blair 2020

Helena Chan 2019

Elaine Coke 2020

Karen Crafts 2021

Mark Davis 2020

Costa Dillon 2021

Jim Grandinetti 2019

Jim Macemon 2019

Cathie Roy 2021

George Tynan 2021

Noah Domke-Rojas, Youth Rep. 2019

Terry McCune, Treasurer

Pauline Getz-Enos, Chancellor

Anne Snyder, Clerk





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stbartschurch.org

Change Service Requested



**Sunday
January 20
4 p.m.**

Join us for an evening of deepening our faith and relationship through praise music, prayer, testimonials, Eucharist, and fellowship. This is an engaging service for people of all ages.



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