



# ST. BARTHOLOMEW'S EPISCOPAL CHURCH

## News from the Hill

February 2019

Poway, CA

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## Nothing is More Practical Than Finding God

*The Rev. Canon Allisyn Thomas*

Several years ago a friend sent me a quote from Father Pedro Arrupe, former Superior General of the Society of Jesus from his essay, "Rooted and Grounded in Love," written in 1981. Captivated by the quote, I wanted to know more about this man who so beautifully captured the beauty of waking up each day.

Father Arrupe lived from 1901 to 1991 and lived a life that could, and may someday, be an epic movie. In Japan working as a missionary during the bombing of Pearl Harbor, he was arrested on charges of espionage and held in solitary confinement for 33 days.

Upon his release, he remained in Japan and later ministered to those affected by the bombing of Hiroshima. His unceasing dedication to the poor and social justice lead him to eventually being named Superior General of the Society of Jesus, a post he held from 1965 to 1983, and his passion to serving the disenfranchised remained strong to his dying days.

As I said, Father Arrupe's life is the kind of story great movies, books, and epic

tales is made of, and I suggest you look him up on the Internet to learn more. However, if his story was just of great deeds, while notable, I would not be writing this. His story is also one of a profound ability to see and experience the grace and love of God, in what could be seen as the most dire of circumstances.



And while not denying their seriousness, always leaving room for the light of the Gospel to shine through.

As we move through this time of the season of Epiphany, leading to Lent and ultimately the proclamation of Easter, we too are being called to look carefully, and truthfully, at the world

around us. Called to see what is, and what can be. Called to see Jesus in the most unlikely of situations and people, and to be Jesus to the most unlikely of situations and people.

We will do so through our worship, through our studies and conversations

continued on page 2

# Nothing is More Practical Than Finding God

continued from page 1

The Rev. Allisyn Thomas

in forums and Lenten University, in which we will examine the Way of Love, Presiding Bishop Michael Curry's study on the spiritual practices that help us be the "Episcopal Branch of the Jesus Movement," and through our service and outreach such as Feeding San Diego.

As we move forward, I offer the quote from Father Arrupe my friend gave me, to help guide us in all the days to come. Written a year before he died, may it help us rejoice in the beauty of waking each day:

*Nothing is more practical than finding God, that is, falling in love in a quite absolute, final way. What you are in love with, what seizes your imagination, will affect everything. It will decide what will get you out of Bed in the morning, what you will do with your evenings, how you will spend your weekends, what you read, who you know, what breaks your heart, and what amazes you with joy and gratitude. Fall in love. Stay in love. And it will decide everything.*

## 2018 by the Numbers

The Rev. Mark McKone-Sweet

In 2018, together, hand in hand, propelled by the Power of Love, we transformed countless lives with the Good News. It's impossible to list everything, so here are a few examples:

36,000 persons served at the Thrift Shop

45,000 meals served in Haiti

4,000 pounds of food rescued from Sprouts

15,000 came to campus and supported by our AA & addiction support groups

20,000 local community folks met on campus and performed

26,000 people joined us to pray together in worship (preschool, centering prayers, weekends services, baptisms, funerals and weddings)

This short list = 146,000 people served, or 400 people per day in 2018.

Take a look back at 2018 in pictures. Visit our Flickr photo site.

[www.flickr.com/photos/stbartschurch/albums](http://www.flickr.com/photos/stbartschurch/albums)

## Caregivers Support Group

The Rev. Mary Lynn Coulson

We are called by God to help others in need.

*God is not unjust; he will not forget your work and the love you have shown him as you have helped his people and continue to help them (Hebrews 6:10). Still, Jesus too knew that there were times that he must rest. Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, "Come with me by yourselves to a quiet place and get some rest." (Mark 6:31).*



If you are a caregiver for an ailing or aging spouse, parent, sibling, child, or otherwise, this group is for you. We will create a safe space to share the joys and challenges of being a caregiver, and to explore ways to care for ourselves. Find strength and community along the way – you don't have to walk this path alone.

This group is free of charge, and are all welcome – you don't have to be a St. Bart's parishioner to participate! To join, please email Dawn Stary, [dawnstary11@gmail.com](mailto:dawnstary11@gmail.com).

Caregivers Support Group meets six Thursdays, 10:30 a.m.-12 p.m. – March 7, 14, 21, April 4, 11, 18.

# Feeding San Diego at St. Bart's

Lisa Marie Oakes

Feeding San Diego at St. Bart's continues to be a blessing to the greater Poway and Rancho Bernardo community. More and more guests arrive each week to fill their bags with fresh food from our local stores and also fresh citrus from local growers. Over 3,000 pounds of food has been distributed. From our quiet start in October, news has spread in the community about the service and more and more people are seeking us out and passing on the information.

Thank you for spreading the word about the Sunday offering to your friends and neighbors and those you meet who might benefit. Please remember that there is no registration or forms required for food here. If you or anyone you know is facing food

insecurity, please come by on Sunday.

If you would like to be part of this exciting and life affirming ministry, sign-up to volunteer on the St. Bart's web site or stop by on a Sunday and check it out. We would love to have everyone at St. Bart's participate in whatever capacity works for them. There's a job for morning drivers, flyer distributors, food distributors Sundays from 1:30-3 p.m., and leaders to oversee the distribution each week.

With everyone involved we are making light work and serving at a very large scale. It's a beautiful thing! Join us! If you have questions please email Lisa Marie Oakes at [feedingpeople@stbartschurch.org](mailto:feedingpeople@stbartschurch.org) or stop by the table at the Ministry Fair and thank you for your continued support!





# January's Haiti Mission Trip

## Various Mission Team Members

The St. Bart's Haiti mission team - Kelli Richardson, Heather Liggins, Geraldo Garcia, Allen Adams, and Kate McKone-Sweet - arrived in Port-au-Prince bright and early Saturday morning. They shared lunch with Fr. Noe and his wife Shirley. We then arrived traveled to Hinche in the evening. The team is excited and a little tired.



## Sunday:

Today we attended a beautiful service with three different choirs. Wow! A beautiful service. Fr. Noe has also expanded the church. It is a beautiful site from the street. They are also adding a guest house. Each Sunday, there is a parade, of sorts, in the town square.



People dressed in costumes dancing through the streets. Tomorrow we head to Loranette.

## Wednesday:

The medical crew arrived Tuesday night after a flight delay - two doctors, one nurse practitioner, one nurse, and four interpreters. It was wonderful seeing the medical crew and all the other volunteers working together today. We were able to see 152 patients! Our team took blood pressure, measured height, tested eyesight, and provided reading glasses when we could. Eye tests were a little challenging since many people did not know the alphabet. We tried an alternate test with little success. Sometimes Kelli would ask if the cactus in the distance was blurry or not. We did whatever we could. Next the doctors saw the patients, some with issues or concerns, others for pre-natal and wellness checks. There were many different cases - diabetes, high blood pressure, chronic illnesses that have been untreated, and infections. Dr. Mike brought an ultrasound this year. It was wonderful for the mothers to see their babies!

## Thursday:

Today, we continued the clinic and saw another 85 patients before 12:30 p.m. We decided to return to Hinche today since many people in Loranette were at a big market today and tomorrow. We plan to run a medical clinic at the school in Hinche. There are almost 12 levels at St. Andres and many students, so we hope to be able to see a lot of patients.

## Friday:

Allen and Kate left for the airport at 4 a.m. They hit a few road blocks on the way. Yes, real road blocks with trees and rocks in the road. They have been placed there as part of a protest. Everyone was very calm. They all got out of the cars, checked it out and then socialized in the street. As Fr. Noe said, now we know what Haiti is like, you just can't predict what will happen here. Delays are just part of the everyday events here. As of 8 a.m., they were able to travel about 21 miles in four hours.



Handing out school supplies.



Girls looking great in uniform.

# Mission Trip Reflections

*Heather Liggins*

Praise God from whom all blessings flow! I bring you greetings from Haiti where I have been serving as both teacher and learner to the people of Haiti for the last five days. Each day has been amazing, rewarding and eventful. On Tuesday we met the students who attend our school in Loranette. It was truly a blessing to see the children excited about attending school. On Wednesday, the real work began. We started our day very early and prepared our medical clinics to serve to the students and the surrounding people of Loranette. On this day we served 152 patients. It was truly amazing. In the evening we played with the children, introducing them to many of our American games.

On Wednesday, we conducted our second day of clinics where we served 85 people. We are now winding up our mission and the work has been rewarding. Much work is needed in Haiti and I am very happy to be given the opportunity to serve the people of Haiti.

This was my first mission trip so I had no expectations but vowed to be open-minded, available and willing to serve. I've learned so much about myself, the people of Haiti and the work God is doing in Haiti through St. Bart's. Tomorrow we head home. I'm happy to return to California but will continue to pray for the people of Haiti and all the lives we encountered in the short time I was here. May God continue to bless Haiti and those who continue to serve.

*Kate McKone-Sweet*

I first went to Haiti three years ago with Fr. Mark, JD Cowart, and Jim Grandinetti. The goal of the trip was to meet with Fr. Noe to identify if and how St. Bart's could partner with a community in Haiti. It was at that time that we went to visit Loranette. When we arrived in the town, we saw a church (made from tree branches and covered with tarps) and an open field. The community shared their dream for a community school and church. Of utmost importance was the school to educate their children. Education provides opportunities for the children and hope for future generations.

This week, as we approached the town, we were greeted by about 75 children dressed in green and white plaid uniforms. They sang to us as we walked towards town and the once empty field. As I approached, I began to see the bright colors of the school - yellow and green. The school now has an office and six classrooms. While there is still some finishing work that is needed, the classrooms allow the teachers to teach 6 levels of children.

As I reflect back, I am so proud of St. Bart's work in Haiti. We have done a lot. First, we accepted the call to support our sisters and brothers in Haiti. Second, we raised money to build the school. And, through the support of generous donors and the Thrift Shop proceeds, we have paid teachers' salaries, fed the children each school day, and provided school supplies for three years. We have now been to the school on five mission trips with different members of our parish, several have gone three, even four times. On the last two trips, we have provided a medical clinic. In 2018, we served 250 patients in 3 days and in 2019 about the same number in half the time, allowing us to offer services to another school in Hinche as well.

We have made progress and yet we are just beginning. As we continue to follow this path forward, we will deepen our relationships, live out our faith through our actions, as well as our prayers, and offer an opportunity for service across generations. We will also explore new ways to partner and opportunities to expand services that are offered at the current school. Perhaps we can consider fulfilling their dream for a church. I can't wait to see what comes next.

# Weaving Black History Month and Spirituals

John-Luke Addison

February's monthly Choral Evensong service will focus on the musical tradition of African-American Spirituals, and the liturgical elements will reflect an emphasis on celebrating the heritage of Black history and its importance in our society. February is Black History Month in the United States, and it seemed appropriate to use this month's Evensong offering to honor this time and shed light on issues of social justice and civil rights. Music will include modern and traditional arrangements of 'Let Us Break Bread Together', 'Steal Away', 'Deep River', 'My Lord, What A Morning', and many more.

Upon hearing Martin Luther King, Jr.'s *Letter from Birmingham Jail* recently in church, one could still feel the resonance of these words in our current society. The inequities Dr. King described are ones we should continue to bring to the forefront of our attention, and help our communities work to resolve these issues of racism, discrimination, and bigotry.

The undertones of African-American Spirituals reflect yearnings for mercy, equality, and justice, and these will serve to complement the elements reflected in the liturgy and prayers.

One of the Collects for February's Evensong reads as follows: *"Loving God, Bless us as we gather and pray in your name. May we be your hands, heart, feet, and Word in a world so torn apart by hate, war, greed, and divisions. Give us grace to do your will in all that we undertake. We pray for the Motherland, we pray for people in the diaspora, we pray for those who suffer discrimination, because of race, sexual orientation, creed or class. Make us children of your love, justice, and peace. Holy Spirit of God, sometimes we feel like motherless children. Help us never to forget the gift of music, poetry, song, and dance. May we praise your name in all that we do. Amen."*

February's Choral Evensong service takes place on February 10 at 4 p.m.

# Celebrating Janie Prim

The Rev. Mark McKone-Sweet

At annual meeting we celebrated the ministry of Janie Prim - her 27 years of service to St. Bart's. She has seen our music ministry grow, expand, and express itself in a variety of ways. During her ministry here, Janie has served under three music directors and five or more rectors.

Janie is determined to play for God's glory until her last breath. Music, Jesus, and sharing music for the glory of God, outside of the spotlight, have enabled countless others to experience the beloved Christ - intimately.

We send Janie to Albany, New York to live with her family with our gratitude and love. We will not say goodbye, rather, you take a piece of our hearts with you.

Janie was presented with two icons to remember us by. The first is St. Bartholomew and the second is St. Cecelia, the Saint for Music.

We love you and we thank you.



**Janie Prim presented with St. Bartholomew icon from Fr. Mark**



**Janie Prim receives the St. Cecelia icon from John-Luke Addison for her dedication to St. Bart's Music Ministry.**

**choral**  
**Evensong**  
**Spirituals**

*Sunday, February 10, 4 p.m.*

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16275 Pomerado Road  
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# Rector Awards

The Rev. Mark McKone-Sweet

The 2018 Rector Awards honor the contributions of members of our church family who have exemplified behind-the-scenes baptismal life in action and demonstrated the power of love made real and tangible.

**Cheryl Roop:** Servanthood and a servant's heart are not always found in the same person, but Cheryl embodies both. She has prepared our chancel for the sacraments for years - washing linens, polishing silver, setting and cleaning up. She has been active in the thrift shop for over 20 years, not only serving on weekly shifts but transforming volunteers into "worker bees for Christ." Her quiet manner, warm smile, and selflessness are an example for all of us.

**Sumner Rollings:** Breaking bread with people played a primary role in how Jesus transformed lives. In the past four years, our community meals have grown and exceeded expectations. Behind the scenes was/is this man, a former restaurant owner, who brought the chuck wagon—literally onto our patio—and amazing meals four to five times a year so everyone could enjoy food and fellowship.

**Karen Matsumoto:** Karen has quietly but tirelessly worked on our CE curriculum and served faithfully in the classroom for the past three years. Over the summer of 2018, to meet the demands posed by a surge in numbers, she advocated for changes and introduced a new curriculum for third graders.



**Rector Award recipients: Sumner Rollings, Cheryl Roop, Karen Matsumoto**

## Shrove Tuesday Zydeco Mass

This year we'll be celebrating with a zydeco service - festive music, dancing (yes, in the sanctuary), and make sure to wear a mask! This is your chance to kick up your heels before the somber season of Lent begins. We'll end the evening with a festive cajun dinner. All are welcome!



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**Tuesday  
March 5  
6 p.m.**

**St. Bartholomew's Episcopal Church  
Treasurer's Report – For the Year Ending 12/31/2018**

**This report is intended to accompany the financial statements of St. Bartholomew's Episcopal Church, Poway, CA, for the year ending December 31, 2018.**

**Operating income for 2018, totaled \$1,214,940 and includes the use of \$88,729 of Vestry Designated Reserves. The original 2018 Budget for use of Reserves was \$85,600 and was equal to a Legacy gift received in 2018. Therefore only \$3,317 of additional Reserve funds were needed. Operating expenses for the full year were \$1,214,940. The expenses include \$27,677 in principle payments for the solar panels.**

**Pledge receipts for 2018 were \$892,776 a which is an increase of \$8,901 over 2017. Income from all sources decreased year over year by (\$19,209) and can be attributed to a large amount of one time gifts in 2017.**

**The General Operating Fund balance sheet reflects liquid assets totaling \$298,185, payables and accrued expenses of \$38,000, a reserve for major repairs and replacements of \$48,854, advanced 2019 pledges of \$28,548 and deferred revenue of \$11,390. Therefore, our actual cash reserves in the Operating Fund total \$171,393.**

**The Preschool shows a calendar year cumulative 2018 operating surplus of \$24,237 and net assets of \$51,904. The pre-school contributed \$30,000 towards the 2018 operating budget.**

**The Outreach Fund received \$50,000 in transferred proceeds from the Thrift Shop, \$20,000 for the Haiti Building fund, \$1,815 for Hope for Homes, and \$3,342 for the Haiti operations fund. Major disbursements from the general Outreach Fund totaled \$50,050. Additionally, \$13,500 in scholarships were awarded. At year end the fund's net assets totaled \$143,137, including \$21,178 in Thrift Shop operating surplus, \$27,654 in scholarship funds, \$38,499 in the Haiti operating and building funds, \$48,956 in general outreach funds, and the balance of \$6,851 in restricted outreach activities.**

**The Honor Faith, Build Future collected pledges of \$5,171,260, receipts of \$2,227,533 and has disbursed \$441,269 since the beginning of the campaign in 2017. Available cash, including gains/losses from the sale of stock, is \$1,786,095 as of 12/31/2018.**

**The Endowment Fund has total net assets of \$778,478, including \$78,500 of permanently restricted endowment, \$681,635 of Vestry Designated Reserves and \$18,343 of other endowment funds. Endowment income for the year include a legacy gift of \$100,558, interest and dividends of \$24,952. A total of \$26,960 of investment cash earnings was contributed to the 2018 operating budget in accordance with the approved investment policy.**

**For 2018 the Columbarium had an operating surplus of \$4,938, exclusive of unrealized gains/losses on investments. Net assets total \$126,172 at year's end, of which \$96,172 is for perpetual care.**

**Respectfully submitted,**

**Terry McCune, Treasurer**



# Regular Meetings

## SUNDAY

### Junior & Intermediate Choir (ages 7-18)

11:45 a.m.-12:30 p.m.

### Interfaith Community Services (ICS) - Merle's Place

1st & 3rd Sunday, 4-6 p.m.

Contact Jill Henderson, 760-807-8445

### Daughters of the King

3rd Sunday at 9:15 a.m., Room 3E

## MONDAY

### Boy Scouts

7 p.m., Parish Hall

### Health and Wellness Ministry

1st Monday at 5:30 p.m., Education Building, Room 3AB

### Handbell Choir

7 p.m., Choir Room

## TUESDAY

### Prayers and Squares Quilt Ministry

Tuesdays (except fifth Tuesday), 1 p.m., Quilt Room

### Centering Prayer

5 p.m., Education Building, Room 3AB

### Our Space

2nd & 4th Tuesdays, 6:30 p.m.

## WEDNESDAY

### Interfaith Community Services (ICS)

Serve breakfast, fourth Wednesday 6 a.m.

Contact Denny Walters, 760-432-8518

### Thrift Shop Work Night

Last Wednesday at 4:00 p.m., Thrift Shop

### Schola Cantorum

6 p.m., Choir Room

### Youth CREW

6 p.m., Youth Room

### String Ensemble

7 p.m., Choir Room

## THURSDAY

### Junior Choir (ages 7-12)

5-5:30 p.m.

### Intermediate Choir (ages 13-18)

5:30-6:15 p.m.

### B.P.U.S.A.- Bereaved Parents

4th Thursday, 6:30 p.m., Conference Room

### Choir

7 p.m., Music Room

## Support Groups

### AA MEETINGS

Sundays, 6 p.m., Conference Room

Mondays, 9:30 a.m., Parish Hall (Women only)

Tuesdays, 12 p.m., South Parish Hall

Tuesdays, 5:30 p.m., South Parish Hall (Women only)

Wednesdays, 6:45 p.m., Parish Hall

Thursdays, 12 p.m., South Parish Hall (Beginners)

Fridays, 9:45 a.m., South Parish Hall (Women only)

Fridays, 12 p.m., South Parish Hall and 6 p.m., Room 3AB

Saturdays, 9:30 a.m. and 12 p.m., Conference Room

### AL-ANON

Mondays, 12 p.m., South Parish Hall

Tuesdays, 12 p.m., Parish Hall

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*News from the Hill* is a monthly publication of St. Bartholomew's Episcopal Church, 16275 Pomerado Road, Poway, CA 92064.

Editor: Kristeen Evans, Communications Manager

Deadline for submission of articles and announcements is the 10th of the month for the next month's newsletter. We welcome your submissions of information for publication. Please contact [news@stbartschurch.org](mailto:news@stbartschurch.org).

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## Worship Services

**Sundays:** 8 a.m., 10:15 a.m.

**Saturdays:** 5 p.m.

## Office Hours

Monday through Thursday 9 a.m. to 4 p.m.

Friday 9 a.m. to 1 p.m.

## Clergy and Staff

### Clergy

The Rt. Rev. Katharine Jefferts Schori, Assisting Bishop ..... 619-481-5454

The Rev. Mark C. McKone-Sweet, Rector ..... 858-432-7107 | revmark@stbartschurch.org

The Rev. Canon Allisyn Thomas, Associate Rector. .... 858-432-7114 | athomas@stbartschurch.org

The Rev. Mary Lynn Coulson, Assistant Rector. .... 858-432-7106 | mlcoulson@stbartschurch.org

### Honorary Clergy

The Rev. Robert Crafts, Priest-in-Residence

The Rev. Roy E. Hoffman, Priest-in-Residence

The Rev. William Zettinger, Deacon-in-Residence

### Music Ministry

John-Luke Addison, Director of Music, Principal Organist. .... 858-432-7112 | jladdison@stbartschurch.org

Janie Prim, Associate Organist

### Christian Formation for Children and Youth

The Rev. Mary Lynn Coulson, Assistant Rector. .... 858-432-7106 | mlcoulson@stbartschurch.org

Maureen Hovannesian, Children's Ministry Assistant. .... 858-432-7102 | children@stbartschurch.org

**St. Bartholomew's Preschool** ..... 858-487-2140

Cheri Hoffman, Director. .... preschool@stbartschurch.org

Jen Shah, Administrator

### Administrative Staff

Beth Dean, Parish Administrator. .... 858-432-7110 | bdean@stbartschurch.org

Kristeen Evans, Communications Manager ..... 858-432-7104 | news@stbartschurch.org

Lisa Saldamando, Bookkeeper ..... 858-432-7105 | lsaldamando@stbartschurch.org

Treasurer. .... 858-432-7119 | treasurer@stbartschurch.org

Mike Jewett, Sexton. .... 858-432-7120

### Pastoral Care Coordinator

Cathie Roy ..... pastoralcare@stbartschurch.org

**St. Bartholomew's Thrift Shop** ..... 858-486-2110

Laurie Wathen, Manager ..... stbarts@att.net

## Vestry and Terms

Jim Macemon, Senior Warden ..... 2022

Nancy Petersen, Junior Warden ..... 2022

Pat Blair ..... 2020

Larry Burgess ..... 2022

Elaine Coke ..... 2020

Karen Crafts ..... 2021

Mark Davis ..... 2020

Costa Dillon ..... 2021

Cathie Roy ..... 2021

Will Smith ..... 2022

George Tynan ..... 2021

Terry McCune, Treasurer

Pauline Getz-Enos, Chancellor

Akiko Tamano, Clerk







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Change Service Requested

# Ash Wednesday

March 6

7 a.m.  
12 p.m.  
4 p.m.  
7 p.m.



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