

ST. BARTHOLOMEW'S EPISCOPAL CHURCH

News from the Hill

May 2019 🔍

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Poway, CA-

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Roots of Renewal: Following the Sacred Song

The Rev. Mark McKone-Sweet

Dear Friends,

I hope this newsletter finds you in good health and spirits.

A year ago we submitted a grant proposal for the Lilly Endowment Clergy Renewal Program written by myself

and Kate, along with Terry McCune, Dan Crane, Beth Dean, Judy Macemon and John Sweet (you can view the full grant on St. Bart's website at stbartschurch.org/ sabbatical). We learned in September last year that the grant proposal was accepted and fully funded, paying for 100% of my sabbatical.

[callout] Clergy Renewal Programs provide an opportunity for pastors to step away briefly from the persistent obligations of daily parish life and to engage in a period of renewal and reflection. Renewal periods are not vacations but times for intentional exploration and reflection, for drinking again from God's life-giving waters, for regaining enthusiasm and creativity for ministry. From the Lilly Endowment Clergy Renewal Programs website I am often inspired by two quotes from Mother Theresa. The first quote, *If you want to bring happiness to the world, go home and love your family,* shares the importance of understanding and nurturing me and my family so that we can live out our faith in the community.



The second, *Doctors can heal the body, but music uplifts the spirit*, reminds me that music is a spiritual experience that can transcend cultural and spiritual differences. Music is my path to God, coming together for food and family time makes my heart sing, and my soul is fed when I immerse myself in

cultural, faith and family exchanges. This is why I have chosen sacred music and family roots as the focus of the renewal program.

This sabbatical will provide a time of deeper engagement and refreshment with my family, as well as an opportunity to study the sacred tapestry of music by traveling to engage with three distinct

Roots of Renewal...

The Rev. Mark McKone-Sweet

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spiritual cultures. Indigenous Guatemala, Catholic Ireland, and Anglican Wales represent both the historical roots of my family and vibrant branches of the Christian tradition. For St. Bart's this interwoven renewal program will give our suburban church an opportunity to enrich the experience of worship with fresh perspectives, and to explore how sacred music can lead us to deeper connections to our family roots, to our communities at home and abroad, and to the spirit within us. Through music, we hope to nurture a sense of sacred connection to the community in our hurried lives, while caring for and serving families in our local community and the world.

God is always calling us into deeper relationships and understanding. From the early days of sharing God's promise of love through the psalms, chanting, and communal singing, the shared experience of sacred music has fostered connections as Christianity spread throughout the world. Over time, traditions of spiritual music spread, transformed, and inspired new connections. The tradition of unaccompanied sacred song known as a Gregorian chant, developed in western and central Europe in the 9th and 10th centuries, has inspired generations of liturgy and worshipers and its echoes can be heard in the strains of modern rock performances like Jesus Christ Superstar and the U₂ Mass. The Spanish conquest and colonization of Central America produced a complex interplay of indigenous cultures of Central American and Spanish Christianity produced syncretic styles of sacred music combining foreign idioms and beliefs into something new and inspiring. In the same way, the proposed clergy and parish renewal program is an opportunity for both congregation and for me to consider how we might express sacred songs in our relationships that are real and tangible for those longing for the love and hope of Jesus Christ.

At this time, I have served as a full-time priest for 12 years, leading transformational change in three parishes, without a structured spiritual refreshment. The Lilly Endowment Clergy Renewal Program allows me and my family to be unplugged from daily schedules to embrace this renewal time together. In the same way, St. Bart's will unplug from my presence to experience the blessing of renewal work utilizing proven community growth models that embrace seeing Christ in others.

Our interwoven sabbatical journeys will bring us back together transformed by different experiences is enabling co-creation of ministries that connects with our past and strengthens our future growth in faith together.

Mark Your Calendar for Our Sabbatical Soirees

The Rev. Canon Allisyn Thomas

There is an old church myth that things slow down during the summer months, but that certainly has not been my experience over the years and is especially NOT true at St. Bart's. In particular, we have several special things happening this summer in connection with Father Mark's Sabbatical. While more details will be following, please make a note of these days and put them on your calendar.

We will be "following" Father Mark and family on his Sabbatical liturgically and spiritually at our weekend services, and socially with Summer Soirées on a Wednesday evening once a month from 6 to 8 p.m., as they travel to Guatemala, Wales, and Ireland. In June on we will focus on Guatemala and Latin America. The weekend of June 1 and 2, Father Carlos Garcia, the Diocesan Hispanic Missioner, and Priest-in-Charge of St. Philip's in Lemon Grove, will be our guest preacher and the Summer Soirée will be June 5 with food and music from the area. In July we will focus on Wales. Father Richard Lee, Priest-in-Charge at St. Mark's in City Heights will be our guest preacher the weekend of July 8 and 9 and the Welsh Summer Soiree will be on the 10th. Finally, in August, we will focus on Ireland with Dean Penny Bridges, Dean of St. Paul's Cathedral in San Diego being our guest preacher August 3 and 4 and the Irish Summer Soiree will be August 7.



YOU ARE INVITED TO ST. BART'S Sabbatical Soiree





Music Ministry: Looking Forward

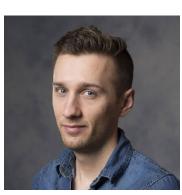
John-Luke Addison

Believe it or not, the program year for the Music Ministry is nearing an end, and I am filled with joy thinking of all the wonderful music-making in the life of the church in my first year as Director. From our **Choral Evensong** services to our

community **Festival of Carols**, to our **Lenten Masterwork: The Crucifixion**, and everything in between, it has been a wonderful experience ministering to you all. I am grateful for the love you all have shown me, and for the musicians for your devoted service to our community.

In anticipation of the new program year for the Music Ministry, I am announcing some of the exciting music events we have planned to share with you all.

The Fall 2019 schedule is highlighted by the choir and orchestra's presentation of **Mozart's Requiem**, a classical masterwork in conjunction with the Greater San Diego Music Coterie and Orchestra. Second, in collaboration with the same ensemble, a sing-along version of **Handel's** *Messiah* will be presented in early December as we anticipate the birth of Christ. Also, we continue our annual tradition of the Community **Festival of Carols** the week before Christmas, which brings together all our ensembles for a lively music offering of joy.



The 2020 calendar includes several wonderful offerings, including another masterwork for Lent, **Charles Wood's** *The Passion of St. Mark*, a Passion drama for choir and organ, happening in early March. The final concert of the season,

occurring in early June, is **Edward Elgar's** *The Light of Life*, an oratorio for choir and orchestra, in conjunction with All Souls' Episcopal Church, Point Loma, and the Poway Symphonette. In addition to these events, there are numerous Choral Evensong services, including those led by the String Ensemble (January), Choristers (February), and Handbells (April).

In addition, we will be having **ReGeneration** contemporary worship services on a monthly

basis (3rd Sunday of the month) beginning in August, and **Midweek Recitals** Thursdays at 12 noon in the new chapel. We will also be looking to expand our music offerings in the community and for pastoral care, from Carol singing around Christmas, to singing to those in hospice, and more.

I'm looking forward to all of this, and I hope you are as well! Thank you for your continued support of the Music Ministry, and know that it is a blessing for me to be serving with you all at St. Bart's.

Get Ready for the Preschool Annual Gift Basket Fundraiser

St. Bart's Preschool

Our families and friends of the Preschool have generously donated items which have been beautifully wrapped in gift baskets. Please consider purchasing tickets from the Preschool Office May 6 though May 10 or in the courtyard after services on May 5 and May 12.



You can choose which baskets you

would like to win by placing your tickets in the corresponding boxes. Winning tickets will be drawn at our "Mom's Celebration" events at the Preschool on May 13 and 14.

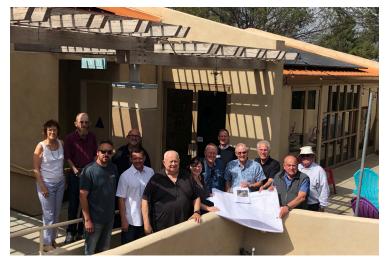


Pardon Our Dust

Judy Macemon

You might notice some dust, debris, and noise coming from the northern section of the administration building. Don't worry: it's just the sights and sounds of our parish community starting the first phase of our campus redevelopment plan.

Monday, April 15, JJH started Demo Day for Phase 1 construction that will continue into the summer. This work represents years of prayers, planning, and contributions from hundreds of our parishioners sharing a common vision to transform our campus and expand our mission in the community. Thanks to you and to the ARCH (Architectural) Committee. This is just the beginning!



ARCH (Architectural) Committee

Phase 1 includes remodeling part of the Administration Building to create an intimate Chapel, flexible multi-use meeting rooms, a kitchen, and ADA compliant restrooms to support parish ministries and community user groups. The part of our church campus shown here will be an active construction site Monday through Friday (7 a.m.-3 p.m.) for the next few months. You will see hazard tape as a reminder at the top of the walkway adjacent to the conference room door. Please steer clear of this area of our campus for your own safety and our liability during the construction.

We expect most demolition work to be completed by the first week in May.

What does this mean to parishioners and community groups who use our campus? Access to the upper parking area, courtyard and



Former Conference Room

administration office will not be affected during construction.



Limited access to the staircase from the upper parking area.

All parish meetings, activities, and community user groups will continue throughout construction. Ministries and community groups that used the Youth Room and Conference Room are now relocated to other meeting sites on campus. Each group was contacted to ensure a smooth and orderly transition so their work is not interrupted.

SAVE THE DATE

PHASE 1 BLESSING

SUNDAY, MAY 5 AFTER 10:15 AM SERVICE

Celebrate the beginning of Phase I construction on Sunday, May 5 after the 10:15 a.m. Join Bishop Katharine Jefferts Schori along with the St. Bart's family as we pray for a quick construction and our beautful new Chapel and Youth/Meeting Room.



Message from Mother Mary Lynn Get to Know the Organist

The Rev. Mary Lynn Coulson

I've been avoiding writing this for as long as possible. This community has formed me as a priest. When I arrived three years ago, you welcomed me. More importantly, you allowed me to be your priest, which has been a profound honor. I love St.

Bart's because I am a pastor to two-year-olds and 102-year-olds. I love St. Bart's because I have found my voice as a preacher. I love St. Bart's because I have had space to discover what ministry makes me come alive. You will



always be my first parish, the first church where I've messed up, asked for forgiveness, and learned what it means to grow as a community.

St. Bart's has discovered an important call: you are called to raise up ministers for the Jesus Movement - deacons and priests, and all the baptized. To have been the recipient of your trust and love has been a true gift.

While the time has come for me to say goodbye to St. Bart's, David and I feel a strong call to remain in San Diego. We moved here three years ago having never been to California, and knowing no one! But out of that crazy leap of faith has come an incredible community of friends that we can't imagine leaving. We both feel that we aren't finished in ministry in this place yet. The Holy Spirit is doing exciting things in San Diego, and we want to continue to partner with her in this place. While I don't yet know what my next call will be, I am hoping to stay in ministry in this diocese. Please hold our family in prayer as we continue discerning where God needs us to be.

My last Sunday will be June 30. I have plenty of room in my schedule between now and then to meet, pray, and talk if you would like. Please send me an email so we can set up a time to get together.

Moments like this force us to acknowledge that our lives are constantly changing; that God is always calling us out of our comfort zones; that even the best things don't stay the same. It has been a joy and an honor to be your priest. St. Bart's is a special place - a place where all are welcome, but more importantly where all those who are welcomed change the community through their own gifts, questions, and faith. Keep growing, keep learning, keep being leaders in the Jesus Movement. God has amazing things in store for St. Bart's, for me, for the church.

Jenny Yun

Thank you for welcoming me to St. Bart's. I joined the Music Ministry team as an organist/accompanist. You may be interested in knowing more about me and my interests.

About seven minutes from my home in the Carlsbad area, we have Ponto Beach which is one of my family's favorite places to go. We enjoy watching the beautiful sunset while having an In-N-Out burger.

My husband Jay is an engineer. We are travel lovers. Also, we love to participate in works for God's bigger purpose with our time, money, and energy. When we were young, we went on Mission trips a lot. We have three precious daughters, Emily, Claire, and Grace. We also have one Goldendoodle named Obi.

Spiritual basic thoughts of mine:

- I believe in Jesus Christ as Savior and my Lord.
- I believe the power of Prayer, Word, and Music.
- My security is in the truth that I am a Child of God.

Favorite organ music and anthems:

My favorite organ pieces are *St. Anne Fugue* by J.S. Bach and *Prelude, Fugue, and Variation* by Franck.

My favorite anthems are "When I Survey the Wondrous Cross" by Gilbert Martin, The Lord Bless You and Keep You by John Rutter, One Faith, One Hope, One Lord by Craig Courtney.

Besides music, I am interested in collecting cookbooks. Good

recipes and table settings always get my attention. Anybody who gives me a secret recipe, especially a dessert one for my picky dessert lover, I will love you.

Oh, one more. I come to St. Bart's on Thursday and Friday mornings to practice. On Thursday, I probably do a rehearsal for Sunday with John-Luke. On Friday, I mostly organ practice by myself. Stop by anytime!



Preaching like your Hair is on Fire

The Rev. William Zettinger

Over the last several years many folks have asked me how I prepare to preach. So I finally decided to put fingers to the keyboard and try to explain what I do. Here goes!

It seems to me nothing is more mysterious than the process of developing a sermon or how preachers decide the text and topic for Sunday's sermon. "Let beer be for those who are perishing, wine for those who are in anguish." (Proverbs 31:6 NIV) I often felt this would be a fun topic to preach on especially with San Diego being the micro brewery capital of the country and so many wine regions in our state.

I often wish I could have Jeremiah's experience? "God, just touch my mouth and put your words there!" (Jeremiah 1:9). I guess if you aspire to be a prophet, you could legitimately ask God for a manuscript.

Moses is another example. I have often said to God what Moses

said. "Oh my Lord, I have never been eloquent, neither in the past nor even now that you have spoken to your servant; but I am slow of speech and slow of tongue." (Exodus 4:10)

God responds saying, "Go, and I will be with your mouth and teach you what you are to speak." Moses wavers and pushes back, and God explodes: "Then the anger of the Lord was kindled against Moses …" (4:13).

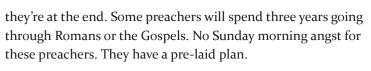
I often feel the inadequacy of Jeremiah and Moses

for reasons of my own. Preaching may not be my strongest skill, but we do what we have to do. Perhaps the best we can do is to trust the promise God made to Moses: "I will be with your mouth."

But, what to say? What text to use? What's in play when a preacher chooses a text or topic for the Sunday sermon? What factors enter into the decision? Here are some possibilities.

Preparation: Many preachers do not like to know much in advance what they will say. Waiting until Saturday night might work for some, but not for me. I find starting well in advance and letting my initial notes and drafts grow on me like fine wine can make all the difference.

Our tradition: Perhaps you didn't know what a lectionary was when you came to St. Bart's. You may have grown up with expository preaching. Expository preachers usually do not need to select a mere text; they target a book through which to preach, beginning at 1:1 and meandering verse by verse until



The lectionary: A sermon from a lectionary preacher, as in the Episcopal church, is a sermon based on one of the assigned readings for the day. Today, many preachers including our church accept the Revised Common Lectionary (RCL) as a preaching rubric, satisfied that God can bless this plan as surely as any other.

The RCL allows for series preaching through a gospel or an epistle. Forays into the Old Testament and Psalms are welcome homiletical detours.

The advantage of lectionary preaching is the assurance of working through the "whole counsel of God" in a three-year cycle. It keeps a preacher from becoming a "one string" preacher

— from harping on one theological chord.

The late Robert McAfee Brown, a Presbyterian minister, comments on this very tendency: "My three and a half years with the lectionary taught me a number of things about the faith and its proclamation. Using the lectionary means that we can't confine our preaching to his or her favorite texts and topics".

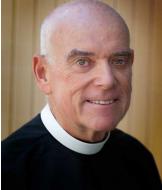
Preach about What: My own penchant in this regard has been to tilt towards those things that

affect our daily lives. I like to do this through storytelling. True stories, of course. If I take the lectionary seriously, I can't get away with concentrating only on those themes, for the same people come back Sunday after Sunday, and they will yearn for and finally demand more.

By looking into people's faces I discover what works and what doesn't. Not only do members of any congregation need to be roused out of complacency; most of them are hurting and need support and comfort.

Time in the pulpit has sensitized me to the lives of those who are not in the pulpit. A rousing denunciation of gun control or border polity isn't necessarily what members need when they've just learned that their daughter has cancer.

Sometimes, I choose a text because I believe it works well given the emotional and spiritual health of the congregation. Perhaps some specific event triggers a text. My preaching is often affected — as it should be — by such events as a death, an



Install the St. Bart's App Today

Kristeen Evans

You are connected to St. Bartholomew's wherever you are! The new St. Bartholomew's app is available on the app store if you're an iPhone user and on Google Play for all our Android users. The app pulls together the most important and most frequently used topics and puts the information in your hand.

From the St. Bart's app home screen, you can access upcoming events, audio sermon recordings, The 9am Forum videos, blog articles, service bulletins for the coming weekend (updated every Thursday), online giving link, and preschool information. And there's more! In the menu (tap the three bars in the upper left corner) you'll find links to Facebook, Flickr (online photo album), prayer requests, our Thrift Shop, and the weekly news (in case you didn't get the email or you accidentally deleted it).

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anniversary or a celebration of some kind.

My sermons are often influenced by something I've read, something I've heard or a conversation I've had. For example, if I read something interesting to me I then fervently pray that the RCL has a text into which I can fold my thoughts - like you'd fold egg whites into a soufflé.

I have found that I preach best when I am really "into" something when I have a new insight that's really fresh to me and can't wait to share it.

Style. One of my favorite books is Rafe Esquith's book "Our hair's on fire." As someone who loves to teach the book is a great resource and has inspired my preaching and teaching.

Preach Like Your Hair's On Fire. What's that like? It's preaching with total abandon. It's fearless preaching. It's preaching that elevates core biblical content and theologies into everyday life. It's preaching that informs and persuades. It's preaching that takes lots of work, emotion, and energy. Esquith says: "I do the same job as thousands of other dedicated teachers who try to make a difference. Like all real teachers, I fail constantly. I don't get enough sleep. I lie awake in the early morning hours, agonizing over a kid I was unable to reach. Being a teacher can be painful."

Now, let's use preachers instead of teachers in the same quotation: "I do the same job as thousands of other dedicated preachers who try to make a difference. Like all real preachers, I fail constantly. I don't get enough sleep. I lie awake in the early morning hours, agonizing over [someone] I was unable to reach. Being a preacher can be painful."

Me? I love to preach like my hair's on fire. In fact, I'd just love to have some hair.

Around St. Bart's



Children carry the cross to the hill on Good Friday at the youth and family Stations of the Cross service.



St. Bart's parishioners helped color special Stations of the Cross signs for the youth and family service on Good Friday.





It was a beautiful morning for the Easter sunrise service on the hill. Thank you to the parishioners who sent in lovely photos. Go to Flickr to view the glorious sunrise.

Regular Meetings

SUNDAY

Junior & Intermediate Choir (ages 7-18)

11:45 a.m.-12:30 p.m.

Interfaith Community Services (ICS) - Merle's Place 1st & 3rd Sunday, 4-6 p.m.

Contact Jill Henderson, 760-807-8445

MONDAY

Boy Scouts 7 p.m., Parish Hall Handbell Choir

7 p.m., Choir Room

TUESDAY

Prayers and Squares Quilt Ministry Tuesdays (except fifth Tuesday), 1 p.m., Quilt Room Centering Prayer 5 p.m., Education Building, Room 3AB Our Space 2nd & 4th Tuesdays, 6:30 p.m., Education Building 1st Floor

WEDNESDAY

Interfaith Community Services (ICS)

Serve breakfast, fourth Wednesday 6 a.m. Contact Denny Walters, 760-432-8518

Thrift Shop Work Night Last Wednesday at 4:00 p.m., Thrift Shop

Schola Cantorum

6 p.m., Choir Room Youth CREW 6 p.m., Youth Room String Ensemble

7 p.m., Choir Room

THURSDAY

Junior Choir (ages 7-12) 5-5:30 p.m. Intermediate Choir (ages 13-18) 5:30-6:15 p.m. B.P.U.S.A.- Bereaved Parents 4th Thursday, 6:30 p.m., 3AB

Choir

7 p.m., Music Room

Support Groups

AA MEETINGS

Sundays, 6 p.m., South Parish Hall Mondays, 9:30 a.m., Parish Hall (Women only) Tuesdays, 12 p.m., South Parish Hall Tuesdays, 5:30 p.m., South Parish Hall (Women only) Wednesdays, 6:45 p.m., Parish Hall Thursdays, 12 p.m., South Parish Hall (Beginners) Fridays, 9:45 a.m., South Parish Hall (Women only) Fridays, 12 p.m., South Parish Hall and 6 p.m., Room 3AB Saturdays, 9:30 a.m. and 12 p.m., South Parish Hall

AL-ANON

Mondays, 12 p.m., South Parish Hall Tuesdays, 12 p.m., Parish Hall

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Editor: Kristeen Evans, Communications Manager

Deadline for submission of articles and announcements is the 10th of the month for the next month's newsletter. We welcome your submissions of information for publication. Please contact news@stbartschurch.org.

Follow St. Bart's



stbartspoway



Worship Services

Sundays: 8 a.m., 10:15 a.m. **Saturdays:** 5 p.m.

Clergy and Staff

Office Hours

Monday through Thursday 9 a.m. to 4 p.m. Friday 9 a.m. to 1 p.m.

cicipj
The Rt. Rev. Katharine Jefferts Schori, Assisting Bishop 619-481-5454 The Rev. Mark C. McKone-Sweet, Rector 858-432-7107 revmark@stbartschurch.org
The Rev. Canon Allisyn Thomas, Associate Rector
The Rev. Mary Lynn Coulson, Assistant Rector
Honorary Clergy
The Rev. Robert Crafts, Priest-in-Residence
The Rev. Roy E. Hoffman, Priest-in-Residence
The Rev. William Zettinger, Deacon-in-Residence
Music Ministry
John-Luke Addison, Director of Music, Principal Organist
Jenny Yun, Organist
Christian Formation for Children and Youth
The Rev. Mary Lynn Coulson, Assistant Rector
St. Bartholomew's Preschool
Cheri Hoffman, Directorpreschool@stbartschurch.org
Jen Shah, Administrator
Administrative Staff
Beth Dean, Parish Administrator
Kristeen Evans, Communications Manager
Lisa Saldamando, Bookkeeper
Treasurer
Mike Jewett, Sexton
Pastoral Care Coordinator
Cathie Roypastoralcare@stbartschurch.org
St. Bartholomew's Thrift Shop
Laurie Wathen, Managerstbarts@att.net

Vestry and Terms

Jim Macemon, Senior Warden	2022
Nancy Petersen, Junior Warden	2022
Pat Blair	2020
Larry Burgess	2022
Elaine Coke	2020
Karen Crafts	2021
Dan Crane	2020
Mark Davis	2020
Costa Dillon	2021
Cathie Roy	2021
Will Smith	2022
George Tynan	2021

Terry McCune, Treasurer Pauline Getz-Enos, Chancellor Akiko Tamano, Clerk





News from the Hill

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